# Skills Learned by 1st Year MCC PTA Students

*Denotes skills student has demonstrated competence in through skill checks and/or practical examinations

## PTA 151 PTA Clinical Experience

| PTA 120 PTA Patient Interventions I | PTA 130 PTA Patient Assessment I |
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| Standard precautions* (7D23i) | Review health records 7D18 |
| Cryotherapy (Cold packs and ice massage)* (7D23b) | Assess State of arousal, mentation and cognition* (7D24c) |
| Whirlpool* (7D23b) | Assess Standard vital signs at rest* (7D24a) |
| Hot packs* (7D23b) | Assess Anthropometric characteristics* (7D24b) |
| Paraffin Bath* (7D23b) | Assessment of positional changes and activities* (7D24a) |
| Fluido-therapy (knowledge only) (7D23b) | Administer common outcome based standardized questionnaires* (7D24j) |
| Diathermy (knowledge only) (7D23b) | MMT UE, LE, Neck/Spine & Trunk* ) (7D24h) |
| Cold Laser (knowledge only) (7D23b) | Assess muscle mass* (7D24h) |
| Skin assessment pre/post superficial heat and cryotherapy* (7D24f) | Assess muscle length at UE, LE, Neck/Spine & Trunk*  (7D24h) |
| Administer pain scales* (7D24j) | Assess muscle tone (7D24h) |
| Indications for common orthotic devices (7D24d) | Balance and coordination assessment of a patient with a non-complicated diagnosis *(7D24e). |
| Patient positioning and draping (patients with non-complicated diagnosis)* (7D23d) | Gait cycle assessment of a patient, with a non-complicated diagnosis* (7D24e). |
| Bed Mobility (patients with non-complicated diagnosis) (7D23d) | Static &/or dynamic balance assessment of a patient, with a non-complicated diagnosis* (7D24e). |
| Transfer training (patients with non-complicated diagnosis)* (7D23d) | Correct alignment and fit of an assistive or adaptive device of a patient, with a non-complicated diagnosis* (7D23b, 7D24d, 7D24k) |
| Wheelchair management and mobility (patients with non-complicated diagnosis)* (7D23f) | Educate patient and/or caregiver on ability to care for assistive and/or adaptive devices, including identification of the patient and/or caregiver's ability to care for the device(s)* (7D23b, 7D23g, 7D24d) |

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| Gait training for patients with non-complicated diagnosis* (7D23f) | Differentiate between normal and abnormal joint movement (7D24g). |
| Fit gait training assistive devices for patients with non-complicated diagnosis* (7D23f) | Measure functional range of motion* (7D24l) |
| Patient/caregiver gait training home program education  (7D12, 7D23f, 7D23g) | Measure ROM using a goniometer, inclinometer and tape measure* (7D24g, 7D24l) |
| Correct body mechanics during select patient care activities (bed mobility, transfers, ROM, strengthening and stretching) (7D27) | Differentiate between normal and abnormal integumentary changes* (7D24f) |
| Normal and abnormal movement patterns cueing* (7D23f) | Assess absent or altered sensation including light touch, position, and sharp/dull for patient with non-complicated diagnosis*  (7D24f) |
| AROM of UE and LE major joints * (7D23h) | Recognize viable versus nonviable tissue. (7D24f) |
| AAROM UE and LE major joints * (7D23h) | Recognize activities, positions and postures that may aggravate or relive pain; cause or relive altered sensation; and produce associated skin trauma (7D24f) |
| PROM of  UE and LE major joints * (7D23h) | Determine normal and abnormal alignment of trunk and extremities during static posture while: standing, sitting and/or lying and during activities* (7D24k) |
| Basic UE & LE stretching exercises* (7D23h) | Proper body mechanics during assessment techniques, including MMT, ROM, and muscle tone/length assessment* (7D27) |
| Common UE & LE strengthening exercises* (7D23h) | Interview patients/clients, caregivers, and family to obtain current information related to PLF, current level of function and general health status (7D7, 7D15) |
| Documentation via S.O.A.P. note (7D25) | Perform assessment, utilizing assessment techniques noted above, within the POC created by the PT in the initial evaluation* (7C, 7D24) |
| | Determine evidence-based interventions from within the PT's POC covering assessments noted above (7D10) |

**Clinical Instructors who teach skills not covered in the program are responsible for assessing the student's competence with the skill prior to the patient treatment