# COMMUNITY ENRICHMENT

FORMERLY COMMUNITY EDUCATION



To register, visit www.mchenry.edu/personaldevelopment or call (815) 455-8588



# COMMUNITY ENRICHMENT INSTRUCTOR HIGHLIGHTS



### **MEET LARRY KRENGEL,**Beekeeping Instructor

For retired teacher Larry Krengel, beekeeping is not a profession, but a passion. He enjoys his time with the bees and looks at himself as a member of the "hive team", just the biggest bug. Larry has kept bees for 38+ years selling honey and teaching those who would like to learn the craft of beekeeping. After decades with the bee, he is still drawn to the challenge of understanding the mysteries of the honeybee colony.

Beekeeping Classes: Pages 13-14



#### MEET ALYSSA RIVERIA, Photography Instructor

Alyssa stumbled upon the world of portrait photography and describes it as "love at first sight." From business headshots to capturing the resilient spirit of seniors and graduates, her lens portrays the beauty of all walks of life. Alyssa loves sharing the magic of photography and empowering others to tap into their own creative potential. She is a proud resident of McHenry County and is the owner of Stella Gem Photography.

Photography classes: Pages 19-20



#### MEET JULIE KUKREJA, Art Instructor

Julie has a deep love for art and a passion for teaching. As the owner of Pen and Mouse Design House, Inc. and Art Attack Paint Party in McHenry County, she inspires both youth and adults in her classes, including those at MCC. Julie's love for art includes character design, prop design, environment design, story beats, and color scripting, as well as traditional mediums such as oil, acrylic, watercolor, pastels, and charcoal.

Adult Art classes: Pages 8-9 Kids Art classes: Pages 29-31

## >>> PERSONAL DEVELOPMENT

The following classes are offered through in-person, remote (Zoom), or online instruction. Registered participants will receive location or access information by email within 24-hours before a class begins. Classes are available to anyone aged 16 and older, unless otherwise indicated. For updated class offerings, refund policy, or to register, visit www.mchenry.edu/personaldevelopment or call (815) 455-8588.

#### **KEY**

Online Class: 💻



Homesteading Class: 🔀



Senior Interest:



Main Campus: 8900 US Hwy 14, Crystal Lake, IL Catalyst Campus: 222 E Church St, Woodstock, IL

#### **ANIMALS AND PETS**

#### Make Extra Cash Pet Sitting (after school/work)

Do you love animals, especially dogs? Learn how to make extra money after school or work by watching dogs or other pets, usually in the pet's home. You'll learn about feeding, watering, and exercising pets; how to make a good impression and what questions to ask when interviewing for a pet sitting job; and what to do when a dog has behavioral issues. You will also discover other services you can offer to make more money, such as dog walking, grooming, puppy training, etc. Informative handouts for future use are included in class fee. This class is taught by a seasoned professional pet sitter and a longtime entrepreneur. The webinar login information will be emailed the day before class. Ages 12+

Fee: \$35 LeeAnne Krusemark

# 9750 2/28 4-6 p.m. Remote

#### **CAREER EXPLORATION**

#### **Intro To Voiceovers**

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Your instructor will contact you to establish a class date and time. Must be age 18 or older.

Fee: \$49 Alicia Midgley

# 9692 1/1-3/31 1.5 Hours Remote

### NEW! Explore a Career in Cybersecurity

Getting into cybersecurity can be rewarding and lucrative! In fact, according to the U.S. Bureau of Labor Statistics, information security analysts can make over \$100,000 per year. This course will give you the knowledge to help you decide whether a career in cybersecurity is right for you.

Fee: \$129

# 9915	1/15–3/7	24 Hours	Online
# 9917	2/12–4/4	24 Hours	Online
# 9918	3/12–5/2	24 Hours	Online

#### Explore a Career in Nursing

Discover what it takes to enter the rewarding field of nursing. You'll also learn about the different types of nursing, various specialties, and the benefits of additional education.

Fee: \$135

# 9613	1/15–3/7	24 Hours	Online
# 9614	2/12-4/4	24 Hours	Online
# 9615	3/12–5/2	24 Hours	Online

#### Explore Administrative Medical Assistant

Demand for medical assistants will grow 23% through 2024, so there's never been a better time to explore a career in healthcare! This online course will give you an overview of the job duties and scope of practice of clinical medical assistants. You will learn about the different types of medical records and how to enhance the overall patient experience. You will also get an introduction to charting patient complaints, creating progress notes, and collecting medical history.

# <u>9610</u>	1/15–3/7	24 Hours	Online
# <u>9611</u>	2/12–4/4	24 Hours	Online
# 9612	3/12-5/2	24 Hours	Online



#### Explore Medical Transcription

Learn how to transcribe the most common medical reports used in both inpatient and outpatient settings. This course contains a grammar review as well as important clinical knowledge of major disease processes, both of which are essential skills you'll need as a medical documentation specialist.

Fee: \$135

# <u>9616</u>	1/15–3/7	24 Hours	Online
# 9617	2/12–4/4	24 Hours	Online
# 9618	3/12-5/2	24 Hours	Online

#### **CRAFTS AND HOBBIES**

#### **Beginning Sewing**

Learn basic sewing skills and gain confidence while making three fun projects. These projects are: • Decorative Pin Cushion: you learn the utility and decorative functions of the sewing machine, learn basic sewing techniques, and cutting and measuring techniques. • Inside-Out Pillow Case: you learn rotary cutting skills, basic and french seams, and pressing techniques. • Drawstring Bag: this versatile drawstring bag is perfect for all kinds of things. Use it as a gift bag, a project bag, or a travel bag. You will learn how to make a casing and boxed corners. Supplies, fabric, notions, and patterns are not included in the class fee but are available for purchase at the first class. Your costs will vary based on fabrics and supplies chosen. Each student receives a 15% discount on supplies purchased at Sewing Concepts. Students are encouraged to bring their own sewing machines. Sewing machines will be available for those who are unable to bring their own machine. Sewing Concepts is located on the square in downtown Woodstock.

Fee: \$79 **Sewing Concepts** 

# 9865 2/10-3/10 6-8:30 p.m.

#### **Sewing: The Next Step**

After completing the beginning sewing class, you'll be ready to take your sewing skills to the next level! The projects for this class are: • Rope Bowl: these fabric-lined bowls are a great addition to any home decor. We will explore many variation options. You'll want to make these again and again! • Humbug Bag: you will learn basic quilting skills and how to insert a zipper! • Reversible Apron: with many variations to add your own flare, you'll create an apron with pockets, choice of straps, and a lining. Supplies, fabric, notions and patterns are not included in the class fee but are available for purchase at the first class. Your costs will vary based on fabrics and supplies chosen. Each student receives a 15% discount on supplies purchased at Sewing Concepts. Students are encouraged to bring their own sewing machines. Sewing machines will be available for those who are unable to bring their own machine. Sewing Concepts is located on the square in downtown Woodstock.

Fee: \$79 **Sewing Concepts** 

# 9866 3/17-4/14 M 6-8:30 p.m.

#### **Fused Glass Votives and Photo Frames**

Learn how to make draped fused-glass votives and photo frames in this hands-on, one-day class. You will have time to make two projects. Projects will be fired in the following week and ready for pick up at Material Things. Some fusing experience is preferred, but not required. Supply costs range from \$15-\$42 and are not included in the course fee, but will be available on site. All classes will be held at Material Things Artisan Market, 103 E. Van Buren St., Woodstock. Ages 12+

Fee: \$27			Material Things Artisan Market	
# <u>10516</u>	Sa	1/18	1–4 p.m.	
# <u>10517</u>	Sa	2/15	1–4 p.m.	
# <u>10518</u>	Sa	3/15	1–4 p.m.	

#### **Fused Glass Workshop**

Through a series of jewelry/ornament projects, you'll learn how to fire glass in a kiln to create one-of-a-kind art pieces. We'll cover characteristics of fused glass materials, assembling techniques, and firing guidelines as you design and fashion several personal pieces. No glass-crafting experience necessary; tools will be provided. Supply costs range from \$15-\$42 and are not included in the course fee, but will be available on site. All classes will be held at Material Things Artisan Market, 103 E. Van Buren St., Woodstock. Ages 12+

Fee: \$49			Material Things Artisan Market
# 10509	Su	1/5, 1/12	1–4 p.m.
# <u>10510</u>	Su	2/16, 2/23	1–4 p.m.
# 10511	Su	3/23, 3/30	1–4 p.m.

#### **Fused Glass Workshop II**

Continue your glass-fusing experience by creating larger pieces of showcase art. In this class, you'll create platters, bowls, or unique wall pieces that can be used to decorate your home or express your originality. You'll create at least two personal projects. Open to students who have completed the first workshop or who have previous experience fusing glass. Supply costs for each project will range from \$32-\$45. Tools will be provided, but you're also welcome to bring tools of your own. All classes will be held at Material Things Artisan Market, 103 E. Van Buren St., Woodstock. Ages 12+

Fee: \$49			Material Things Artisan Market
# <u>10514</u>	Sa	1/25, 2/1	1–4 p.m.
# 10515	Sa	3/1, 3/8	1–4 p.m.



#### **Introduction to Candle Making**

Embark on a journey into the captivating world of candle making! Join Seleta Scents in this hands-on workshop where you'll experience the artistry of crafting your own personalized soy-scented candle. By exploring our diverse selection of clean fragrance oils, you will blend a scented candle that mirrors your individual style and scent preferences. No prior experience is required and all necessary supplies will be provided. Each participant will leave with their own handcrafted 10-oz. soy candle, and a newfound knowledge of candles, the art of candle making, and what to look out for when purchasing scented products.

Fee: \$39 Seleta Scents

# <u>10324</u> Th 1/23 6–8 p.m. Woodstock

### **NEW!** Introduction to Candle Making: Couples Edition

Embark on a journey into the captivating world of candle making! Join Seleta Scents in our couples hands-on workshop, where you'll experience the artistry of crafting your own personalized soy-scented candle as a couple. Choose from an array of delightful scents as you explore our diverse selection of clean fragrance oils. Blend a scented candle that mirrors your individual style and captures the essence of the season. No prior experience is required, and all necessary supplies will be provided. Each couple will leave with their own handcrafted 10-oz. soy candle, along with newfound knowledge of candles, the art of candle making, and tips for purchasing scented products. Embrace the season with us and create your own cozy, fragrant masterpiece! Price is per couple.

Fee: \$45 Seleta Scents

# 10325 Th 2/13 6–8 p.m. Woodstock

### **NEW!** Introduction to Candle Making: Spring Edition

Embark on a journey into the captivating world of candle making! Join Seleta Scents in our special edition hands-on workshop, where you'll experience the artistry of crafting your own personalized soy-scented candle with a seasonal twist. Choose from an array of delightful scents as you explore our diverse selection of clean fragrance oils. Blend a scented candle that mirrors your individual style and captures the essence of the season. No prior experience is required, and all necessary supplies will be provided. Each participant will leave with their own handcrafted 10-oz. soy candle, along with newfound knowledge of candles, the art of candle making, and tips for purchasing scented products. Embrace the season with us and create your own cozy, fragrant masterpiece!

Fee: \$39 Seleta Scents

# <u>10326</u> Th 3/20 6–8 p.m. Woodstock





### **NEW!** Making Cards with Mallory: Valentine's Day

Create stamped greeting cards with Mallory. You will make unique die-cut cards to share with someone special in your life. Learn how to cut, stamp, and layout the perfect card. Individual cards are customizable to fit your occasion. Students will create 3-4 cards, depending on style.

Fee: \$20 Mallory McBride

# <u>10649</u> Th 1/23 6–8 p.m. Catalyst Campus

### **NEW!** Making Cards with Mallory: One Sheet Wonder Cards

Create stamped greeting cards with Mallory. You will make unique die-cut cards to share with someone special in your life. Learn how to cut, stamp, and layout the perfect card. Individual cards are customizable to fit your occasion. Students will create 3-4 cards, depending on style.

Fee: \$20 Mallory McBride

# <u>10650</u> Th 2/20 6–8 p.m. Catalyst Campus

#### **NEW!** Making Cards with Mallory: Shaker Cards

Create stamped greeting cards with Mallory. You will make unique die-cut cards to share with someone special in your life. Learn how to cut, stamp, and layout the perfect card. Individual cards are customizable to fit your occasion. Students will create 3-4 cards, depending on style.

Fee: \$20 Mallory McBride

# <u>10651</u> Th 3/20 6–8 p.m. Catalyst Campus

#### Introduction to Digital Scrapbooking

Learn to use digital editing techniques to show off your photos and memorabilia in Introduction to Digital Scrapbooking! Using Photoshop Elements, this course will teach you how to make the most of your scrapbooking talents and artistic ideas when you combine traditional and digital scrapbooking. Starting with simple projects, you'll quickly learn how to build pages, use artistic journaling, and produce sophisticated illusions.

# <u>9619</u>	1/15–3/7	24 Hours	Online
# <u>9620</u>	2/12-4/4	24 Hours	Online
# <u>9621</u>	3/12–5/2	24 Hours	Online

#### **CULINARY**

#### Beer 411: History. Process. Styles.

McHenry County is home to a number of local breweries, including Kishwaukee Brewing in Woodstock. In this class, you'll explore the history of beer, learn why craft beers are so popular, discuss the process of creating beer, and discover different styles of craft beer. You'll also tour the brewery and learn about the brewing process, including safety, equipment, cleaning and sanitation, the purpose of the hot and cold side, and the importance of the right ingredients. A tasting of different styles is included. Must be age 21+.

Fee: \$25 Kishwaukee Brewing Co.

# <u>10564</u> T 2/4 5:30–7:30 p.m.

#### Craft Spirits 411: Discover. Tour. Taste.

McHenry County is home to a number of local distilleries, including Rush Creek Distilling in Harvard. In this class, you'll explore the history of spirits, learn why craft spirits are so popular, discuss the process of creating spirits, and discover different styles of craft spirits. You'll also tour the distillery and learn about the process including safety, equipment, cleaning and sanitation, and the importance of the right ingredients. A tasting of different spirits is included. Must be age 21+.

Fee: \$25 Rush Creek Distilling

# 10602 Th 3/6 5:30-7:30 p.m.

#### **NEW!** Tea Blending: Create Your Own Blend

Experience the world of blending tea with Casting Whimsy in Woodstock. In this hands-on class, you will learn how tea is blended and then blend your own tea. Casting Whimsy uses only organic and fair-trade tea. A tasting is included.

Fee: \$25 Casting Whimsy Tea

# <u>10384</u> Th 1/16 6–8 p.m. Woodstock # <u>10386</u> Th 3/20 6–8 p.m. Woodstock

#### Tea 411: History. Blends. Taste.

Discover the world of tea with Casting Whimsy in Woodstock. We'll explore the history of tea and where it comes from, explain the process of drying and blending, discuss how specialty blends are selected and created, and share why Casting Whimsy uses only organic and fair-trade tea. A tasting of different tea blends is included.

Fee: \$25 Casting Whimsy Tea

# <u>10385</u> Th 2/20 6–8 p.m. Woodstock



#### **Knife Skills**

This class teaches you how to choose the right knives, care for them, and cut a variety of ingredients safely. You'll also learn quick and easy techniques for preparing the meals you want to cook at home. Students will create a boxed charcuterie and apple galette. All supplies included.

Fee: \$99 Joyce Lande

# 9903 Sa 2/8 9 a.m.-Noon Main Campus # 9904 Sa 2/8 1-4 p.m. Main Campus

### **NEW!** Fun with Cookie Decorating: Galentine's Day (Ladies Only)

Spend the evening with your favorite ladies by learning how to make decorated sugar cookies. Lauren Daly of Tada Cookies will share basic tips for making dough and icing your cookies. She will show you different techniques to make your cookies the life of the party. You will receive six pre-baked themed cookies, icing, and sprinkles to decorate your own themed cookies. Please bring an apron and get ready to decorate!

Fee: \$39 Lauren Daly

# <u>10454</u> T 2/11 6–8 p.m. Catalyst Campus



### NEW! Sourdough Foundations: Creating and Maintaining a Healthy Sourdough Starter

Learn everything you need to create and maintain a healthy sourdough starter and embark on your journey to baking beautiful, delicious bread. In this hands-on class, you will build your own sourdough starter to take home; learn what sourdough is and how it works; discover how to care for your starter, including feeding, storing, and adapting it to your schedule; learn how to avoid common pitfalls and what to do if you encounter them; explore essential terms you need to know; and discuss recommended equipment for successfully baking sourdough bread. There will also be time for questions and a tasting of freshly baked bread.

Fee: \$45 Worth Her Salt Sourdough

# <u>10400</u> W 2/12 6–7:30 p.m. Catalyst Campus # <u>10401</u> W 3/12 6–7:30 p.m. Catalyst Campus

#### **NEW!** Date Night: Indulgent Filet Feast

Bring your favorite person along for a fun evening learning to cook that perfect filet and so much more! Chef Stephen will show you all the steps to make this delicious meal. Come hungry and be prepared to leave full!

 Fee: \$149
 Stephen Byrne

 # 10624
 F
 2/28
 6–9 p.m.
 Main Campus

#### **NEW!** Date Night: Spring in Italy

Join Chef Stephen for an evening of fun learning to make an amazing Italian meal with your favorite person! Come hungry and enjoy learning new techniques while preparing some delicious food and of course, devouring it after.

Fee: \$149				Stephen Byrne
# 10625	F	3/21	6–9 p.m.	Main Campus

### **NEW!** Fun with Cookie Decorating: St. Patty's Day

Spend the evening learning how to make decorated sugar cookies. Lauren Daly of Tada Cookies will share basic tips for making dough and icing your cookies. She will show you different techniques to make your cookies the life of the party. You will receive six prebaked themed cookies, icing, and sprinkles to decorate your own themed cookies. Please bring an apron and get ready to decorate!

Fee: \$39				Lauren Daly
# <u>10464</u>	Т	3/11	6–8 p.m.	Catalyst Campus



#### Luscious, Low-Fat, Lightning-Quick Meals

Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? This course is the next best thing! You'll learn how to reduce fat in recipes without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! You will discover tips for grocery shopping, menu planning, food preparation, and quicker cooking. You will have the chance to try out over 50 exciting and easy lowered-fat recipes.

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# <u>9622</u>	1/15–3/7	24 Hours	Online
# <u>9623</u>	2/12-4/4	24 Hours	Online
# <u>9624</u>	3/12–5/2	24 Hours	Online

#### DANCE

#### **Belly Dance Workshop with Adonia**

Are you interested in beginning or continuing your journey into this beautiful art form? Perhaps you're just looking for a fun way to get fit? This is the perfect first step. In this workshop, you'll learn the enchanting art of belly dance through easy-to-follow, step-by-step instruction.

Fee: \$45			Vint	Vintage Belly Danc	
# 10639	W	1/8	6–7:30 p.m.	Main Campus	
# 10640	W	1/22	6–7:30 p.m.	Main Campus	
# 10641	W	3/19	6–7:30 p.m.	Main Campus	

#### **Belly Dance Foundations: Shimmies and Sparkles**

This beginning belly dance class is designed to teach students the basic skills necessary to develop the strength, posture, muscle awareness, and mind-body connection to learn the art of belly dancing! You will learn foundational movements that include isolations, basic steps, turns, shimmies, and arm positions. In this class, we will also focus on learning routines and choreography to a variety of songs.

Fee: \$89			Vint	age Belly Dance
# <u>10474</u>	W	2/5-3/12	6–7:30 p.m.	Main Campus
# <u>10475</u>	W	4/2-5/7	6–7:30 p.m.	Main Campus

#### **Country Line Dancing for Beginners**

Get your hips swaying to popular country-western songs. With easy-to-learn patterned foot movements, country line dancing is friendly to those learning the steps while giving others the chance to add advanced variations. You'll learn popular classics like Boot Scootin' Boogie, Cowboy Charleston, Tush Push, and many more. This easy-going class is perfect for anyone wanting to enjoy music, laughter, and fun. No dance skills or partner needed. Soft-soled shoes only.

Fee: \$89				Kimberly Oda
# 10450	М	2/3-3/10	7–8:30 p.m.	Catalyst Campus

#### **Country Line Dancing for Beginners 2**

Get your hips swaying to popular country-western songs. With fast-paced steps, country line dancing is friendly to those learning the steps while giving others the chance to add advanced variations. You'll learn popular new dances such as Dizzy, Men in Black, Swamp Thing, DHSS, and many more. This easy-going class is perfect for anyone wanting to enjoy music, laughter, and fun. Some dance skills required. Soft-soled shoes only.

Fee: \$79 Kimberly Oda

# <u>10479</u> M 4/7–5/12 7–8:30 p.m. Catalyst Campus

#### **East Coast Swing Dancing for Beginners**

Beginning swing dance is for people who have no swing dance experience. Students will learn the basic six-count step pattern and add a new, easy variation each class. There will be lots of time to practice and get help. When you finish this class, you should be able to dance to various swing dance songs and other popular music with relative ease and confidence. Swing dance is a partner dance in which one partner leads and the other follows. Sign up with a friend to learn this fun and healthy dance style. Price is per couple.

Fee: \$89 Mary Kanter

# <u>10606</u> Th 2/6–3/6 7–8:30 p.m. Catalyst Campus

#### **FINE ART**

#### **Introduction to Clay**

You make it and glaze it, we'll fire it! It is never too late to get your hands dirty and play with clay. We will introduce you to functional pottery through hand building techniques. You will learn different ways of working with clay, including rolling out a slab, making a pinch pot, joining, carving, and more. You'll create a functional clay pinch pot and a slab dish where you will select your choice of glaze. Pieces will be available for pickup within a week. All materials are included.

Fee: \$65			Clayworkers' Gui	
# <u>10522</u>	Th	1/16	6–9 p.m.	Woodstock
# 10523	Th	2/20	6-9 p.m.	Woodstock

# 10524 Th 3/20 6–9 p.m. Woodstock

#### **Acrylic Painting: Pet Portrait Series**

Paint pictures of your beloved pets as you delve deeper into the use of value and basic color theory in this beginner/intermediate art class. Each session will expand on the previous one, ensuring your artistic abilities will steadily progress. You'll go home with five mini portraits (4x4) of your pets. All materials are provided, but you are required to provide a photo of your pet prior to class.

Fee: \$129 Julie Kukreja

# <u>10599</u> Th 1/30–2/27 6–8 p.m. Main Campus

#### Intermediate-Advanced Watercolors

Intermediate painters will work on advanced techniques and problem solving. Come prepared to paint the first class period. A supply list will be emailed one week prior to the start of the class.

Fee: \$115				Megan Ripke
# <u>10557</u>	F	1/31–3/21	10 a.m.–1 p.m.	Main Campus
# <u>10558</u>	F	4/4-5/23	10 a.m.–1 p.m.	Main Campus

#### **NEW!** Paint Night: Valentine Theme

Join us for a night of love as our instructor guides you through the step-by-step process of painting a valentine theme on a 11x14 canvas. Roll up your sleeves and unleash your creativity. All materials will be provided. Couples welcomed!

Fee: \$39 Julie Kukreja

# <u>10600</u> W 2/5 6–9 p.m. Main Campus

#### **Drawing: Beginner to Intermediate**

Do you have an interest in creating and designing? Are you passionate about drawing but unsure where to begin? In this class, you will learn the fundamentals of drawing, including how to create volume through perspective, shading, and shadows. You'll train your eyes to accurately replicate what you see. Students may purchase the optional textbook, *Complete Book of Drawing: Essential Skills for Every Artist*, on Amazon. Students will need to bring a sketch pad, HB and 2B pencils, a pencil sharpener, kneeded erasers, erasers, and a ruler.

Fee: \$99 Efrain Gonzalez # 10537 M 2/10–3/17 6–8 p.m. Main Campus

#### **Watercolor for Beginners**

Have you thought about trying watercolor painting, but aren't sure how to start? Or maybe you've tried but would like some tips to make painting easier. This class is for you! We will send out a supply list before the start of class.

Fee: \$99 Efrain Gonzalez # 10538 T 2/11–3/18 6–8 p.m. Main Campus



#### **NEW!** Oil Painting: Objective Abstraction

Discover oil painting through the lens of Objective Abstraction. You will create your masterpiece from a still life arrangement which will explore dynamic spacial design and surface tension, resulting in a 16"x20" oil painting. In this two day class, you will begin by learning about the historical overview of Objective Abstraction and how it influenced the evolution of art from Cubism to Graffiti, followed by the use of charcoal to develop the composition of your work. On the second day, using minimal palette of oil paints, you will complete your masterpiece. All supplies included.

Fee: \$79	Gabriel Karagianis

# <u>10655</u> Th 3/6, 3/13 6–8 p.m. Main Campus

#### Paint Night: Charcuterie Board

Paint your own personalized charcuterie board for your kitchen décor. You will pick either a sunflower, wine glass, or monogram design and our instructor will take you through the steps to creating your new masterpiece. All supplies are provided. Bring a snack and make it a fun night!

Fee: \$45

# 10601

Th 3/13

6–9 p.m.

Main Campus



#### Drawing For The Absolute Beginner

Gain a solid foundation in the basics of drawing to become the artist you've always wanted to be. This course will help you get familiar with paper type, drawing styles, techniques, and basic principles of perspective, layout, and design.

#### Fee: \$115

# 9625	1/15–3/7	24 Hours	Online
# 9626	2/12–4/4	24 Hours	Online
# <u>9627</u>	3/12–5/2	24 Hours	Online

#### **HEALTH AND WELLNESS**

#### **RowFit: Indoor Rowing Fitness**

Are you looking to shake up your fitness routine? Try a great workout that combines both cardio and strength training! If you need something low-impact but still want a total body workout, RowFit indoor rowing classes are perfect for you. Classes run for six weeks (one hour each week), and are held at Sweeps and Sculls Indoor Rowing Center in Crystal Lake.

Fee: \$90	Sweeps & Sculls Indoor Rowing (	Center

# 10528	М	1/6–2/10	7–8 p.m.
# 10529	W	1/8–2/12	6–7 a.m.
# 10530	Th	1/9–2/13	7–8 p.m.
# 10531	М	2/17-3/24	7–8 p.m.
# 10532	W	2/19–3/26	6–7 a.m.
# 10533	Th	2/20-3/27	7–8 p.m.
# 10534	М	3/31-5/5	7–8 p.m.



## NEW! Anxiety Disorders: An Integrative Approach (Self-Guided)

Learn about the types of anxiety disorders as well as conventional and integrative treatment approaches to anxiety disorders.

Fee: \$44

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# <u>9878</u>	1/15-4/11	2.5 Hours	Online
# <u>9879</u>	2/12–5/9	2.5 Hours	Online
# <u>9881</u>	3/12–6/6	2.5 Hours	Online

### ■ NEW! Aromatherapy: The Healing Power of Scent (Self-Guided)

Learn the historical use, extraction methods, clinical effects, current research, contraindications, and key elements of essential oils in aromatherapy.

# <u>9884</u>	1/15–4/11	2.5 Hours	Online
# <u>9888</u>	2/12–5/9	2.5 Hours	Online
# <u>9889</u>	3/12–6/6	2.5 Hours	Online

#### NEW! Depression: An Integrative Approach (Self-Guided)

This course helps learners understand the the pathophysiology, symptoms, and diagnosis of depression as well as explore the conventional and integrative treatment approaches for depression.

Fee: \$44

# <u>9890</u>	1/15–4/11	2 Hours	Online
# <u>9892</u>	2/12–5/9	2 Hours	Online
# <u>9893</u>	3/12–6/6	2 Hours	Online

#### NEW! Energy Healing (Self-Guided)

This course helps learners explore the different types of energy, the concept of energy healing, and the various types of energy healing available today.

Fee: \$44

# <u>9900</u>	1/15–4/11	2 Hours	Online
# 9901	2/12–5/9	2 Hours	Online
# <u>9902</u>	3/12–6/6	2 Hours	Online

#### NEW! Food and Mood: What's the **Connection?** (Self-Guided)

This course helps learners understand how food affects one's mood, explores the types of nutrients that can improve or enhance mental health, examines types of eating disorders, and discusses how to incorporate mindful eating as a way of supporting positive mental health.

Fee: \$44

# <u>9923</u>	1/15–4/11	2 Hours	Online
# <u>9924</u>	2/12–5/9	2 Hours	Online
# <u>9925</u>	3/12–6/6	2 Hours	Online

#### Handling Medical Emergencies

Learn how to help family, friends, and anyone in an emergency when every second counts. This course will help you recognize the early signs and symptoms of common medical conditions and emergencies, so you can provide appropriate treatment while waiting for the EMS to arrive.

Fee: \$135

# <u>9628</u>	1/15–3/7	24 Hours	Online
# 9629	2/12–4/4	24 Hours	Online
# 9630	3/12–5/2	24 Hours	Online

#### Lose Weight and Keep It Off

Discover how to establish a healthy approach to weight loss and weight management. By the end of this course, you'll know how to set effective goals for eating, exercise, and other factors that influence your weight, setting you on the path to losing weight and keeping it off for good.

Fee: \$125

# <u>9634</u>	1/15–3/7	24 Hours	Online
# <u>9635</u>	2/12-4/4	24 Hours	Online
# 9636	3/12-5/2	24 Hours	Online



#### NEW! Mindfulness Meditation (Self-Guided)

This course helps learners explore mindfulness meditation, including its health benefits, the principles of mindfulness-based stress reduction (MBSR), and the techniques and practices associated with mindfulness meditation.

Fee: \$44

# <u>9926</u>	1/15–4/11	2 Hours	Online
# <u>9927</u>	2/12–5/9	2 Hours	Online
# 9928	3/12–5/2	2 Hours	Online

#### NEW! Music Therapy and Sound Healing (Self-Guided)

This course helps learners understand the principles, interventions, therapeutic uses, and physiological and psychological responses of music therapy and sound healing.

Fee: \$44

# <u>9929</u>	1/15–4/11	2 Hours	Online
# <u>9930</u>	2/12–5/9	2 Hours	Online
# <u>9931</u>	3/12–6/6	2 Hours	Online

#### NEW! Nutrition, Stress, and Immune Function (Self-Guided)

This course helps learners understand the relationship between food and emotions; explain the stress response; discuss the effects of stress on nutrition and health; define mindful eating and methods of eating mindfully; and examine elements of nutrition that support a healthy immune system.

# <u>9932</u>	1/15–4/11	1 Hours	Online
# 9933	2/12–5/9	1 Hours	Online
# 9934	3/12–6/6	1 Hours	Online

## ■ NEW! Wire Your Brain for Happiness (Self-Guided)

This course helps learners describe how happiness, positive experiences, and emotions affect the brain. We will also explore the relationship between happiness and neuroplasticity, determinants of happiness, happiness assessment tools, and practices to increase happiness.

Fee: \$44

# 9935	1/15–4/11	1.5 Hours	Online
# <u>9936</u>	2/12–5/9	1.5 Hours	Online
# 9937	3/12–6/6	1.5 Hours	Online

#### HISTORY AND SCIENCE

## NEW! 180 Days: Eugene Debs and McHenry County

It's presidential election season, which brings us to the story of the most famous prisoner in McHenry County: Eugene Debs. Debs, who ran for president five-times (including once from federal prison), transitioned from a railroad union president to the leader of the national socialist party while serving 180 days in the county jail in downtown Woodstock, Illinois. None of this would have been possible were it not for the bonding of Debs and the ultraconversative sheriff of McHenry County. This unbelievable story of two unique men, at totally opposite ends of the political spectrum, will bring to light the extreme courage they had in not being afraid to listen to each other.

Fee: \$15 Steven Aavang

# <u>10468</u> W 1/15 1–3 p.m. Catalyst Campus



## NEW! Fabergé Eggs: First, A Little Revolution, Then, A Little War

The Imperial family has lots of secrets, all of which are considered state secrets: the heir who has the blood disease from his mother; the creepy monk, Rasputin, who has an unhealthy influence on the Tsarina herself—possibly even the Tsar. And yet, Faberge's art reflects the splendid aspects of their lives in the most exquisite gold, diamonds, and pearls, as if nothing or no one can touch the Imperial family.

Fee: \$15 Ann Leslie

# 10451 T 1/21 1-3 p.m. Remote

## NEW! The Galapagos: Land of Darwin and Very Large Tortoise

Ever since Darwin went on his naturalist's voyage on the HMS Beagle, human interest and inquiry continues on these isolated equatorial islands near Ecuador. Ongoing studies of unique species of plant and animal life has continued to support the Theory of Evolution that Darwin wrote about in his book On The Origin of Species in 1859. This class will take a look at the variety of organisms and the adaptations that made them so interesting to Darwin and all of science. We will also examine how this interest has led to environmental conflicts for the people of the Galápagos, as well as for tourism and the native species found on these islands. This class is offered by our collaborative Harper College instructor, Dr. Suzanne Rausch.

Fee: \$15 Collaborative Partner

# 9803 W 2/5 1-2:30 p.m. Remote

#### NEW! National Park Service Presidential Sites

Among more than 400 National Park Service sites, 36 honor United States presidents and the locations and histories central to their personal and professional stories. Join us as we explore these historical sites, memorials, and monuments, focusing on their unique attributes and contributions to a deeper understanding of the figures they commemorate. This class is offered by our collaborative College of DuPage instructor, David Kroese.

Fee: \$15 Collaborative Partner

# <u>9805</u> Th 2/13 1–3 p.m. Remote

### NEW! US Presidents: Everything You Didn't Know

The great and not-so-great U.S. presidents each have secrets, nuances, and stories that reveal the complexity of these leaders—who can be both interesting and quite ordinary! Consider this: the bachelor, the president with 14 children, the skinny dipper, the wealthiest to the poorest, and what they did before and after their presidencies. We'll explore their pets, foibles, and notable firsts, among many other fascinating points of interest.

Fee: \$15 Steven Aavang

# <u>10469</u> M 2/17 1–3 p.m. Catalyst Campus



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## NEW! Fabergé Eggs: The Last of the Golden Years

The Japanese Ōtsu Incident in 1891 was an unsuccessful assassination attempt on young Nicholas II, almost beginning a war between Japan and Russia. At the time, Japan was not ready, but between 1902 and 1903, the empires of Japan and Russia lay claim to lands in Manchuria. Launching a sneak attack, Japan was fully prepared for a war that the giant Russia would lose in the most dramatic and embarrassing way.

Fee: \$15 Ann Leslie

# <u>10452</u> T 2/18 1–3 p.m. Remote

## NEW! The Civil Rights Movement in Las Vegas

In honor of Black History Month, let's step back in time to the Las Vegas civil rights movement. African Americans have played an important part in the history of Las Vegas since the city's founding in 1905. This live virtual program from The Mob Museum in Las Vegas, NV, explores the experiences of African American residents as well as the Black entertainers who graced the Las Vegas stage in the early days. Performers including Sammy Davis Jr. and Nat King Cole were forced to stay in segregated areas of town. These celebrities were vocal and brought attention to segregation in a way that regular citizens were unable to achieve. Learn about the challenges and discrimination that African Americans faced, how the Westside developed, and why World War II played a key role in the community's growth. There will be time for Q and A following the presentation. This class is offered by our collaborative Rock Valley College instructor, Allyson O'Brien.

Fee: \$15 Collaborative Partner

# <u>9801</u> Th 2/20 10–11:45 a.m. Remote

#### NEW! All Things British

Have you ever wondered why the United Kingdom's flag is called Union Jack, but is actually the Union Flag? Or why the Queen reigns but doesn't rule? Are you confused about the distinctions between the United Kingdom, Great Britain, and the British Isles? Join us for a fun and informative exploration that answers these questions and more!

Fee: \$15 John Gowing

# <u>10397</u> Th 2/27 1–2:30 p.m. Catalyst Campus

#### NEW! The Boys Who Were Giants

Can't get enough March Madness? Listen to the unbelievable story of the Hebron Green Giants State Championship basketball team. This class is taught by someone who knew the players and has some family members who taught at Hebron High School. Learn about the boys who played and the coach who made them champions.

Fee: \$15 Steven Aavang

# <u>10471</u> Th 3/13 1–3 p.m. Catalyst Campus

### NEW! Fabergé Eggs: The Oncoming Darkness—The Storm on the Horizon

What would happen if you were in a room full of doors, each with a positive outcome for your life—except for one that you would invariably choose? Born into lives of unbelievable wealth and privilege, the Romanoffs have invariably chosen the wrong door again and again on the eve of WWI. Ruling since 1613, the destruction of the Romanov dynasty is eminent, leading to a predictable end.

Fee: \$15 Ann Leslie

# <u>10453</u> M 3/17 1–3 p.m. Remote

#### NEW! Baseball: The Glory of Their Times

Explore the early days of baseball through featured anecdotes and pictures of players from the first half of the 20th century. Our study will include the great Negro League ballplayers, as well as the legendary photography of Charles Conlon and George Brace. We'll also consider the observations of the great baseball writers. This class is offered by our collaborative College of DuPage instructor, Gerald Horan.

Fee: \$30 Collaborative Partner

# <u>9804</u> T 3/18, 3/25 10 a.m.–Noon Remote

### NEW! A Walk in London: The City

Central London is comprised of two cities: Westminster and the City of London. Westminster is the center of power, politics, and royalty, while the City represents finance and commerce. This presentation offers a virtual "walk" through the City, detailing its rich history from its Roman foundation to its current status as the world's financial capital.

Fee: \$15 John Gowing

# <u>10398</u> Th 3/20 1–2:30 p.m. Catalyst Campus

### NEW! Keeping Up with Technology and Al

This class will review the current technological advances in medicine and other high-tech sectors of education and research. Learn about the everyday infusion of Al technology and how the good part of Al is helping us live and stay active longer. There will also be discussion about the bad part of Al, such as the creation of false news and images and identity scams. You'll gain an awareness of the power of Al technology in our ever-evolving world. There will be time for Q & A. This class is offered by our collaborative Rock Valley College instructor, Bob Bertolasi.

Fee: \$15 Collaborative Partner

# <u>9850</u> Th 3/20 10 a.m.–Noon Remote



#### NEW! Archaeology Uncovers: Mystery of Atlantis

One of the most enduring stories of the past revolves around a city known to us as Atlantis. Scholars debate the possible existence of such a great society and search endlessly through documents and accounts by great historic authors as to the location and the outcome of this fabled city. This class will take a look at the evidence uncovered by archaeologists and historians as to the what might be the real story about Atlantis. This class is offered by our collaborative Harper College instructor, Dr. Suzanne Rausch.

Fee: \$15 Collaborative Partner

# 9912 1-2:30 p.m. Remote

#### NEW! Fabergé Eggs: Run for Your Life

The Romanoffs are faced with two wars: WWI in Europe and the revolution at home. Nicholas, believing that God always shows him the correct path and that as Tsar of all the Russias he can do no wrong, is merely throwing the bodies of Russian soldiers against his enemies. Having never been held accountable for his actions or those of his family, he faces an end that is both spectacular and devastating—and one he never saw coming.

Ann Leslie Fee: \$15

# 10481 1-3 p.m. Remote

#### NEW! American Still Life Paintings

Explore the rich tradition of trompe l'oeil (French for "deceive the eye"), which was especially prevalent in American still life painting in the last quarter of the 19th century. Also, learn about contemporary artists who bring a fresh approach to this art tradition. This class is offered by our collaborative College of Dupage instructor, Ruth Nelson.

Fee: \$15 Collaborative Partner

# 9911 4/23 7-9 p.m. Remote



#### NEW! A Walk in London: Westminster

Central London is actually two cities: Westminster and the City of London. Westminster is the power, politics and royalty whereas The City is the money. This presentation is a 'walk' from the comfort of a chair through Westminster. You will see Westminster Abbey, Downing Street, and other famous landmarks, learning stories about each as you go.

Fee: \$15 John Gowing

# 10399 1–2:30 p.m. Catalyst Campus

#### **HOME AND GARDEN**

#### 🔀 Beekeeping 101

Keeping honeybees is fascinating. Bees will pollinate your garden and provide a sweet crop of honey. In this class, you will learn where to start as a keeper of bees. We'll cover bee biology, modern beekeeping techniques, construction of hives, and how to acquire bees. Keep bees for the fun of it, as a sideline job, or to help your garden and orchard.

Fee: \$75 Larry Krengel

# 9695 2/5-2/26 7–9:30 p.m. Catalyst Campus 2/5-2/26 7-9:30 p.m. # 9696 Remote

### 🔀 Beekeeping: Comb Honey

Comb honey is a traditional form of honey harvested in the bees' own wax case. A hundred years ago, honey was commonly eaten straight from the comb. Today, extracted honey in jars is the norm. This course offers a chance to return to this old-fashioned—and some argue, healthier—method of harvesting honey. Producing honey in the comb presents unique beekeeping challenges, which we will explore in this class.

Fee: \$25 Larry Krengel # 9699 W 3/12 7–9:30 p.m. Catalyst Campus 3/12 # 9700 7-9:30 p.m. Remote

#### 🔀 Beekeeping: Seven Ways to Raise a Queen

The number of small-scale beekeepers is increasing, and the demand for locally raised queen bees is growing. Purchased queens are often raised in areas of Africanized honeybees or come from migratory bee operations where dangerous viruses are exchanged. Gain information and learn seven simple methods of raising healthy honeybee queens. With a few insights and a small amount of equipment, the backyard beekeeper can raise locally adapted gueens from bee stock with a great record of winter survival, good temperament, and excellent honey production.

Fee: \$25 Larry Krengel

# <u>9697</u>	W	3/5	7-9:30 p.m.	Catalyst Campus
# <u>9698</u>	W	3/5	7–9:30 p.m.	Remote



#### 🔀 Beekeeping: Field Study

This short course will provide practical, hands-on instruction for installing, manipulating, and inspecting colonies of bees. The class will meet in a bee yard, so appropriate clothing and bee equipment will be necessary. Spring is the time to start with bees, and this course will walk you through it step by step. Learn what you need to know to start out right with your bees.

Fee: \$59				Larry Krengel
# 9799	Sa	4/5, 4/12	10 a.m.–Noon	Main Campus
# <u>9800</u>	Sa	4/5, 4/12	1–3 p.m.	Main Campus



#### 🛂 Beekeeping: Varroa Mite—Know Your Enemy

Enemy #1 in the honeybee world is Varroa Destructor – the varroa mite. Understanding how the biology of the honeybee and that of the varroa mite intersect is important to successful beekeeping in today's world. This mite attaches to honeybees and their larva weakening them and passing on deadly viruses. A successful strategy for control of these mites is critical to the survival of a honeybee colony. This class will discuss the history, the biology and the control of Varroa Destructor.

Fee: \$25				Larry Krengel
# <u>9910</u>	W	4/9	7–9:30 p.m.	Catalyst Campus
# 10512	\//	4/9	7_9·30 n m	Remote



#### **NEW!** Buzzing Beauty: DIY Beeswax Lip **Balm Workshop**

Join us for a hands-on workshop where you'll learn to create your own natural lip balms using beeswax! Discover the benefits of beeswax and explore a variety of essential oils and natural ingredients to customize your balms. This workshop will cover the entire process, from melting and mixing to pouring and packaging, ensuring you leave with your own personalized lip balm to take home. Perfect for beginners and anyone interested in natural skincare, this fun and informative session will have you crafting your own lip care products in no time! All materials will be provided.

Fee: \$39 Stephanie Slater # 10404 6-8 p.m. Catalyst Campus



#### Honey Tasting: A Sensory Analysis of Honey

Honey takes a long journey before it lands in your jar. The final product can be affected by many variables, including the local climate, botanical sources and the honeybees who visit them, and the activity of beekeepers. In this class, we will study varietal honeys using our senses of sight, smell, taste, and touch to fully appreciate the selection of these honeys. We will approach honey tasting as a sensory journey as we review at least five varietal honeys and compare their flavors and profile differences. We will also review and discuss: a Honey Sensory Wheel and how that impacts fragrances within the honey; how to more finely tune our senses to appreciate our local varietals of honey; how honeys acquire certain aromas that often differ from what we would expect; methods of tasting the full balance of flavors of these honeys; how to appreciate the different textures of honey and their impact on our taste buds; and sample 20+ varieties of handcrafted local honeys (creamed, infused, raw, and barrel-aged) and other honeybased products (honey sauces, mustards, and honey hot sauces). Students will receive their own Honey Sensory Booklet for future tastings.

Fee: \$45 Frank Moriarty # 10513 6-8 p.m. Catalyst Campus



Have you considered growing microgreens, but don't know where to start? In this class, you will learn about microgreens from seeding to harvest. Microgreens can be grown year-round with limited space and materials. Each participant will get to take home a variety of microgreens to finish at home.

Fee: \$35 Garrett Beier # 10563 3/6 6-8 p.m. Main Campus



Meet Dr. Garrett Beier: Garrett Beier has been in the horticulture industry for more than 25 years. He has a PhD in Plant Pathology and a MS in Applied Plants Science from the University of Minnesota. Currently, he is the Department Chair of Horticulture and Entrepreneurial Agriculture at McHenry County College, where he teaches a variety of courses in plant science and plant production. He is an avid home gardener and excited to share his experience and knowledge!



#### 🔀 NEW! Starting a Vegetable Garden

It's spring, and you're ready to start a vegetable garden! After taking a look at location and soil, this class will focus on both cool and warm-season plants that you can easily grow for enjoyment and for use in your next meal. We'll discuss seed starting, transplanting, and caring for your plants up to harvest. At the end, you'll start a tray of seeds to take home with you.

Fee: \$45 Richard Tobiasz # 9762 3/15 Sa 9 a.m.–Noon Main Campus

#### Private Wells: Don't Be Dead in the Water

The majority of geographic McHenry County is served by private wells. Most residences, commercial establishments, and institutional operations served by wells give them little consideration until, for one or multiple reasons, a new or replacement one is needed. You'll gain a better understanding of the evolution of well technology from pre and early settlement times through the present, including a comparison to modern municipal/public systems. There will also be a discussion of the recent release of the current McHenry County Water Resource Action Plan (WRAP). This presents the question: Wells, wells everywhere, but will you be able to drink?

Fee: \$25 E.J. Varga

# 10382 2/19 6-8 p.m. Catalyst Campus

#### Septic Systems: Everything You Need to Know

Many homes and businesses in McHenry County use septic systems to process waste, yet most people have little to no understanding of how they actually function. Learn what can, should, and shouldn't be processed through these systems, along with recommended maintenance, life cycles, repairs, and more. The instructor is licensed by the State of Illinois in septic systems and has analyzed, designed, and installed them for over 30 years.

Fee: \$25 E.J. Varga

# 10383 6-8 p.m. Catalyst Campus



#### 🔀 Small Engine Repair

Don't pay to have your small engines fixed—learn how to do it on your own! In this hands-on course, you'll gain the necessary skills to maintain and fix your personal snow-clearing and/or landscaping equipment. Work with a skilled instructor and learn how to get back to snow blowing or mowing your property without having to buy new equipment. While background knowledge in engine operation and hand tool usage is beneficial, it's not required to attend this course. Students will need to bring their own equipment, but tools are provided for use during the class. The class will take place at Woodstock High School in Woodstock. Specific classroom information will be emailed to students prior to the class.

Fee: \$79 Woodstock High School

# 10476 2/25-3/18 6-8 p.m. # 10477 4/8-4/29 6-8 p.m.



#### 🔀 Mushroom Mission

Explore the wonderful world of mushrooms. Andy Andresky and Kurt Thornberry learned almost everything they know about mushrooms "on the search." They will share their knowledge about mushroom varieties, growing areas, and how to find local edible mushrooms. The first class is an indoor lecture and will be held on the MCC campus. In the second class, you'll be outdoors "on the search" with Andy and Kurt. Location and directions to the McHenry County spot for mushroom hunting will be provided at the first class.

Fee: \$49			Andy Andresky & I	Kurt Thornberry
# <u>9907</u>	Th	5/1	· ·	Main Campus
	Sa	5/3	8:30–10 a.m.	
Fee: \$35 (	Lecture	Only)		
# 9908	Th	5/1	7-8:30 p.m.	Main Campus



#### 関 Start Your Own Edible Garden

Grow delicious, nutritious fruit and vegetables in your own backyard. Whether you want to provide food for your family, save money, get exercise, or just be more self-sufficient, this course will give you the skills and knowledge you need to have a successful harvest.

Fee: \$129

# <u>9655</u>	1/15–3/7	24 Hours	Online
# 9656	2/12–4/4	24 Hours	Online
# 9657	3/12–5/2	24 Hours	Online



#### Introduction to Interior Design

Learn to transform plain living spaces into beautiful and functional rooms. This course will teach you how to design every aspect of a room while taking into account color theory, industry trends, special arrangements, floor plans, design ideas, and interior design basics.

# <u>9637</u>	1/15–3/7	24 Hours	Online
# <u>9638</u>	2/12-4/4	24 Hours	Online
# <u>9639</u>	3/12–5/2	24 Hours	Online



#### **LANGUAGES**

#### American Sign Language I

This course is for students who show proficiency through an instructor-administered assessment and have completed ASL for Beginners. You will learn basic ASL grammar rules including body and facial expressions. This will help you to improve your signing skills by using vocabulary to form a sentence that ASL uses. This will help you improve your signing skills by using vocabulary to form a sentence and learning to ask and answer questions in ASL. This course is taught by a deaf instructor. The required textbook is Signing Fun: American Sign Language, vocabulary, phrases, games, & activities and is available for purchase from Amazon.

Fee: \$109 Carol Puca

# <u>10647</u> W 1/22–3/12 6–8 p.m. Main Campus

#### **American Sign Language 2**

In this class, you'll learn more about ASL grammar (ASL gloss), numbers in ASL, facial expressions, receptive skills, expressive skills, and classifiers. This class is taught by a deaf instructor. Required textbooks include ABC Basic Course in American Sign Language-2<sup>nd</sup> Edition and Numbering in American Sign Language: Number Signs for Everyone. Both textbooks are available for purchase from Amazon.

Fee: \$109 Carol Puca

# <u>10646</u> M 1/27–3/17 6–8 p.m. Main Campus



#### **Spanish for Beginners**

Focus on the beginning aspects of Spanish, including basic writing, speaking, pronunciation, listening, understanding, and the culture of Spanish-speaking countries. You'll use grammar, vocabulary, and verbs in the most basic structure of the language. Book requirements will be discussed at the first class.

Fee: \$119 Veronica Petersen

# <u>10478</u> W 1/29–3/19 6–8 p.m. Main Campus

#### Beginning Conversational French

Prepare for your next trip to France by mastering the basics of conversational French. This course will teach you proper pronunciation of French words that you'll use in your travels as well as cultural tips including appropriate gestures and body language.

Fee: \$115

# <u>9719</u>	1/15–3/7	24 Hours	Online
# <u>9720</u>	2/12–4/4	24 Hours	Online
# 9721	3/12-5/2	24 Hours	Online

#### Conversational Japanese

Prepare for your next trip to Japan by learning the basics of conversational Japanese. This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language. Throughout this course, you'll gain cultural knowledge and learn useful conversational phrases and vocabulary words particular to a specific area of travel. You'll practice these in drills, interactive exercises, and dialogues.

Fee: \$115

# 9658	1/15–3/7	24 Hours	Online
# <u>9659</u>	2/12–4/4	24 Hours	Online
# <u>9660</u>	3/12-5/2	24 Hours	Online

#### 📘 Discover Sign Language

Learn how to sign basic phrases and sentences, allowing you to introduce yourself and start a conversation. Along the way, you will learn signs for colors, numbers, locations, family, and the activities you like to do. Discover how to make the signs and to incorporate facial expression to communicate in this beautiful language. You'll also gain an introduction to the world of the Deaf culture and explore topics such as lip reading, baby signs, and the career of interpreting.

Fee: \$115

# 9722	1/15–3/7	24 Hours	Online
# 9723	2/12–4/4	24 Hours	Online
# 9724	3/12–5/2	24 Hours	Online

#### Instant Italian

Learn to express yourself comfortably in Italian. You'll be surprised how quickly and easily you are able to learn Italian in this course, which provides knowledge of practical, everyday words and phrases you are likely to hear if you vacation in Italy.

Fee: \$115

# 9725	1/15–3/7	24 Hours	Online
# 9726	2/12–4/4	24 Hours	Online
# 9727	3/12–5/2	24 Hours	Online

#### Speed Spanish

Imagine yourself speaking, reading, and writing Spanish. Now you can with Speed Spanish! This course is designed for anyone who wants to learn Spanish pronto. You'll learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you'll be able to converse in Spanish. ¡Qué bueno! This class is taught by a college instructor who has been teaching Spanish for over 20 years.

# <u>9728</u>	1/15–3/7	24 Hours	Online
# 9729	2/12–4/4	24 Hours	Online
# 9730	3/12–5/2	24 Hours	Online



#### MUSIC

#### **NEW!** Group Piano/Keyboard I

Learn how to navigate the keyboard, maintain proper posture and technique, read basic music notation, accompany a melody, and explore tools for composing and improvising.

Fee: \$99 Tara Singer

# <u>10393</u> W 1/22–2/26 6:15–7:15 p.m. Main Campus

#### **NEW!** Group Piano/Keyboard II

For those who have completed Group Piano I or for those who have some basic background and would like to refresh their skills and move forward.

Fee: \$99 Tara Singer

# <u>10395</u> W 4/2–5/7 6:15–7:15 p.m. Main Campus

### **NEW!** Popular Styles and Improvisation for Piano/Keyboard

Are you classically trained and want to learn how to play pop, rock, blues, or jazz? Do you have a basic knowledge of the keyboard and want to expand your skills? This class covers arranging popular songs and accompaniment patterns, following a lead sheet, tools for improvisation, how to play in a band or combo, and more. Ages 16+.

Fee: \$99 Tara Singer

# <u>10394</u> W 1/22–2/26 7:30–8:30 p.m. Main Campus # <u>10396</u> W 4/2–5/7 7:30–8:30 p.m. Main Campus

#### Beginner Guitar/Ukulele

Learn to play guitar or ukulele in this fun, in-person, group setting. We will start with the basics of song accompaniment by learning chord fingerings in a variety of keys, and strum patterns using a variety of rhythmic patterns. Well-known folk and pop songs will be used as a learning tool. Basic guitar/ukulele care, tuning and elements of music will be covered.

Fee: \$99 Patricia Gaughan

# <u>10559</u> T 2/4–3/11 6–7 p.m. Main Campus

#### Advanced Guitar/Ukulele

This course is designed for the musician with an understanding of basic chord shapes and strum patterns. A variety of topics will be covered, including finger-style playing techniques, advanced chord shapes, movable scales, and scales for improvisation. These will be applied to well-known songs.

Fee: \$99 Patricia Gaughan

# <u>10561</u> T 2/4–3/11 7:15–8:15 p.m. Main Campus

#### MCC Woodwind Ensemble

Woodwind Ensemble introduces a variety of chamber music, including analysis of composition and performance practices. Students develop written, aural, and instrumental competence on selected instruments. The day and time of the ensemble to be determined

Fee: \$20 David Dcamp

# <u>9858</u> 1/21–5/17 Main Campus

#### **MCC String Orchestra**

The string orchestra involves the study and performance of repertoire for string orchestra. Students develop aural and instrumental competence on selected string instruments and technical competence in performance.

Fee: \$20 Leah Hagel-Kahmann

# 9864 T 1/21–5/13 6–7:50 p.m. Main Campus

#### MCC Jazz Ensemble

The Jazz Ensemble is open to any musician with the musical skills necessary to perform the repertoire. Students and community members are introduced to the works of traditional and contemporary jazz composers, developing improvisation and technical skills. Please contact Paige Lush at plush@mchenry. edu for more information.

Fee: \$20 Michael Bazan

# <u>9860</u> W 1/22–5/14 7–8:50 p.m. Main Campus

#### **MCC Guitar Ensemble**

Guitar Ensemble is a small instrumental ensemble that provides students at various levels of musical proficiency the opportunity to perform a variety of guitar literature, especially folk, blues, country, and rock. Emphasizes sight reading, musicianship, and skills in improvisation. This group is for the advanced beginner and above who can minimally play open position chords and read notes in the first position.

Fee: \$20 Patricia Gaughan

# <u>9861</u> Th 1/23–5/15 4:30–6:20 p.m. Main Campus

#### MCC New Orleans Jazz Band

MCC's newest musical ensemble is a traditional New Orleans-style jazz band that is open to any instrumentalist (or vocalist) with the musical skills and experience necessary to perform the repertoire. The Dixieland band performs twice per semester, on campus and in the community. For more information, contact Mike Hillstrom at mhillstrom@mchenry.edu.

Fee: \$20 David Dcamp

# 9863 Th 1/23-5/15 2:30-4:20 p.m. Main Campus

#### **MCC Concert Choir**

MCC's Concert Choir performs a variety of pieces ranging from classics to modern masterpieces. Community members are welcomed join the choir. This group is open to any musician with the musical skills necessary to perform the repertoire. For more information, contact Michael Hillstrom at mhillstrom@mchenry.edu

Fee: \$20 Christopher Jackson

# 9859 Th 1/23-5/15 7-8:50 p.m. Main Campus

#### **MCC Concert Band**

MCC's Concert Band performs a variety of pieces ranging from classics to modern masterpieces. Community members and students are welcome. This group is open to any musician with the musical skills necessary to perform the repertoire. Contact Paige Lush at plush@mchenry.edu for more information.

Fee: \$20 Paige Lush

# <u>9862</u> M 1/27–5/12 7–8:50 p.m. Main Campus



#### **Private Music Lessons**

Students who wish to take private music lessons may register through Community Enrichment. There will be a total of 7.5 hours of instruction. After you've registered, the instructor will call you to schedule a specific day and time for your lessons. The cost is \$329 excluding music, which you'll need to purchase on your own. All classes will run January 21–May 17. Other musical instrument lessons are also available. For more information about private music lessons, please call Paige Lush at (815) 479-7670.

Fee: \$329

Class	Course Code	Instructor
Banjo	# <u>9856</u>	Thomas Sergey
Guitar	# <u>9853</u>	Patricia Gaughan
Guitar	# <u>9854</u>	Thomas Sergey
Percussion	# <u>9857</u>	Brent Jordan
Piano	# <u>9851</u>	Tara Singer
Piano	# <u>9852</u>	Rebecca Chu
Voice	# <u>9855</u>	Christopher Jackson

Lessons may also be available for additional instruments including those listed below. Please contact Community Enrichment at (815) 455-8758 for other lesson opportunities.

Baritone Horn, Bassoon, Cello, Clarinet, Dulcimer, Flute, French Horn, Guitar, Mandolin, Oboe, Organ, Percussion, Saxophone, String or Electric Bass, Trombone, Tuba, Trumpet, and Violin, and Voice.

#### PERSONAL FINANCIAL MANAGEMENT

#### **Financial Smarts for Young Adults**

Are you a young adult looking for assistance in understanding basic financial management? Join the team from Stairway to Prosperity, a local non-profit dedicated to helping young adults navigate the complexities of everyday life, to learn how to open a bank account, how to manage your finances through budgeting, gain a foundational understanding of how credit works, and more.

Fee: \$25			Stairway to Prosperity
# <u>10686</u>	Th	1/23	6-7:30 p.m. Catalyst Campus
# 10687	F	1/31	1-2:30 p.m. Catalyst Campus
# <u>10688</u>	Th	2/20	6–7:30 p.m. Catalyst Campus
# 10689	F	2/21	1-2:30 p.m. Catalyst Campus
# 10690	Th	3/20	6-7:30 p.m. Catalyst Campus
# <u>10691</u>	F	3/21	1-2:30 p.m. Catalyst Campus

#### Introduction to Stock Options

Learn to evaluate, buy, sell, and profit from stocks. This course will arm you with investment tools that were once thought to be only for the pros as you learn how to protect your portfolio and profit in a down market, an up market, or even a flat market.

# <u>9763</u>	1/15–3/7	24 Hours	Online
# <u>9764</u>	2/12-4/4	24 Hours	Online
# 9765	3/12–5/2	25 Hours	Online

### ■ Keys to Successful Money Management

Let a certified financial planner show you how most wealthy people build their fortunes. This course will introduce you to a broad array of investment choices, help you discover the best ways to accumulate cash and property, and demonstrate how to best protect your investments.

Fee: \$125

# <u>9775</u>	1/15–3/7	24 Hours	Online
# <u>9776</u>	2/12-4/4	24 Hours	Online
# 9778	3/12-5/2	24 Hours	Online

#### Personal Finance

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

Fee: \$129

# <u>9784</u>	1/15–3/7	24 Hours	Online
# <u>9785</u>	2/12–4/4	24 Hours	Online
# <u>9786</u>	3/12-5/2	24 Hours	Online

#### Real Estate Investing

Discover how to make money in real estate, even if you have little to start with. This course includes specially designed worksheets and hands-on activities to take the guesswork out of investing in the real estate market.

Fee: \$125

# <u>9787</u>	1/15–3/7	24 Hours	Online
# 9788	2/12-4/4	24 Hours	Online
# <u>9789</u>	3/12-5/2	24 Hours	Online

#### Stocks, Bonds, Investing: Oh My!

Learn the basics of stocks, bonds, and investing so you can be independent and confident about your financial decisions. This class will teach you how to prepare for retirement, manage your finances, and pay for college without the need for hiring a broker or financial advisor.

Fee: \$125

# <u>9790</u>	1/15–3/7	24 Hours	Online
# <u>9791</u>	2/12-4/4	24 Hours	Online
# <u>9792</u>	3/12–5/2	24 Hours	Online

#### The Analysis and Valuation of Stocks

Learn fundamental and advanced techniques for researching and analyzing stocks. This comprehensive course will teach you how to read financial statements, calculate financial ratios, perform industrial comparisons, and conduct economic research.

Fee: \$125

# <u>9793</u>	1/15–3/7	24 Hours	Online
# <u>9794</u>	2/12–4/4	24 Hours	Online
# <u>9795</u>	3/12–5/2	24 Hours	Online

#### **PHOTOGRAPHY**

#### **Cell Phone Photography (IOS)**

Do you have an Apple phone and wish to take better quality photos? Unleash the power of your smartphone's camera. Learn to capture stunning photos in both auto and manual modes. We will introduce the art of composition and enhance your pictures using iOS's built-in editing tools. Join us to improve your selfie game and take everyday photos to the next level.

Fee: \$39				Alyssa Rivera
# 10370	Th	2/6	6–8 p.m.	Catalyst Campus

#### **Cell Phone Photography (Android)**

Do you have an Android phone and find yourself struggling to take images you are proud of? Embrace the power of your smartphone camera, from auto mode to manual control. We will explore the art of composition and refine your shots with Android's built-in editing tools. Elevate your everyday photography, from striking selfies to capturing life's moments with a touch of magic.

Fee: \$39				Alyssa Rivera
# 10371	W	2/19	6-8 p.m.	Catalyst Campus

#### **Digital Photography for Beginners**

Unlock your photography potential with hands on experiences in this introductory class. Explore the fundamentals of manual mode on your camera, mastering ISO, aperture, and shutter speed. Dive into composition principles and post-editing techniques. To put it all into practice, we'll end with an exhilarating onlocation photoshoot, launching your portfolio journey. Perfect for beginners, you'll learn skills for everyday photos while embracing your inner artist.

Fee: \$79				Alyssa Rivera
# <u>10378</u>	Th	2/27	6–8 p.m.	Catalyst Campus
	Sa	3/8	2-3:30 p.m.	Catalyst Campus



#### **Portrait Photography for Beginners**

Ready to bring your portrait photography to life? Join our dynamic portraiture class and step into the world of captivating imagery. From mastering composition and lighting to learning new posing and prompting techniques, you will be guided through every step it takes to capture the unique essence of a person. Get handson experience photographing a model in a creative on-location shoot guided by the instructor. Sign up now and embark on an unforgettable journey into the art of portrait photography!

Fee: \$99 Alyssa Rivera

# <u>10375</u> W 3/12, 3/19 6–8 p.m. Catalyst Campus



#### **Digital Editing with Adobe Lightroom**

Ready to elevate your photography game? Dive into Adobe Lightroom for Beginners and unlock the power of professional editing. From organizing your shots to enhancing them with precision, this class breaks down all of Lightroom's most important features. Perfect for photographers seeking to streamline their workflow and unleash their creative vision. Join us and transform your images into stunning works of art! Note: A free trial or subscription to Lightroom is required to participate in this class.

Fee: \$49 Alyssa Rivera

# <u>10376</u> W 3/26 6–8 p.m. Catalyst Campus

#### Discover Digital Photography

Gain the skills you need to take great photos with your digital camera and never miss a memorable moment again. This course is an informative introduction to digital photography, from DSLRs to smart phone cameras.

Fee: \$115

# <u>9701</u>	1/15–3/7	24 Hours	Online
# <u>9702</u>	2/12-4/4	24 Hours	Online
# 9703	3/12-5/2	24 Hours	Online

#### Introduction to Lightroom Classic CC

Do you have a lot of images to manage? Adobe Photoshop Lightroom is a fantastic tool for digital photographers at any skill level who need to manipulate and organize photos and images. This course will teach you how to use Lightroom Classic CC, Adobe's easy-to-use software that prepares, edits, and organizes photos quickly and effectively. Through hands-on exercises, you will learn to use Lightroom Classic CC like a pro and perfect your digital photos!

Fee: \$129

# <u>9704</u>	1/15–3/7	24 Hours	Online
# <u>9705</u>	2/12-4/4	24 Hours	Online
# <u>9706</u>	3/12–5/2	24 Hours	Online

#### 📃 Mastering Your Digital SLR Camera

Break through the technology barrier and discover how to use your DSLR to take beautiful photos. This course will help you learn about features and controls, proper lenses, metering, exposure, and more to take your photography to the next level.

Fee: \$115

# <u>9707</u>	1/15–3/7	24 Hours	Online
# 9708	2/12-4/4	24 Hours	Online
# 9709	3/12–5/2	24 Hours	Online

#### Photograph Nature With Your Digital Camera

Discover how your nature photos can become works of art rather than just snapshots. This course will help you explore composition and lighting as you master your digital camera's controls and features to take exceptional nature photos in no time.

Fee: \$115

# 9710	1/15–3/7	24 Hours	Online
# 9711	2/12–4/4	24 Hours	Online
# 9712	3/12–5/2	24 Hours	Online

#### Photoshop CC for the Digital Photographer

Adobe Photoshop CC (also known as Photoshop Creative Cloud) is a powerful subscription software solution providing support and specialized editing tools for digital photographers and graphic artists. In this course, you will master techniques to edit and enhance your digital images and add a professional polish to your work. The course offers simple, step-by-step instructions for basics like cropping, rotation, and sizing images. Whether you are a novice or accomplished photo editor, this course will give you a collection of useful techniques that will quickly show you amazing results in your images.

# 9713	1/15–3/7	24 Hours	Online
# 9714	2/12-4/4	24 Hours	Online
# 9715	3/12–5/2	24 Hours	Online



#### Secrets of Better Photography

Learn to take outstanding photos and get the best results whether you are using a DSLR, a point-and-shoot, or your phone camera. Each lesson contains exercises and assignments that will help you apply new techniques to your own camera and make a distinctive difference in your photos.

Fee: \$125

# <u>9716</u>	1/15–3/7	24 Hours	Online
# <u>9717</u>	2/12–4/4	24 Hours	Online
# <u>9718</u>	3/12-5/2	24 Hours	Online

#### **RECREATION AND SPORTS**

#### **Open Chess with McHenry County Chess Club**

Join the McHenry County Chess Club for weekly Thursday night open chess from 6 to 8 p.m. at McHenry County College. Everyone aged 10 and up are welcomed. Open chess is for beginners to experts. Players are welcome to bring their own chess boards but are not required to do so. Limited boards will be available for use. Open chess is a great way to connect with other chess enthusiasts, practice your playing skills, and learn from veteran chess players. Vending machines are available onsite for snacks.

Fee: \$5			McHenry C	County Chess Club
# <u>9694</u>	Th	1/9-3/27	6–8 p.m.	Main Campus
# 9874	Th	4/3-6/26	6–8 p.m.	Main Campus

#### SPECIAL INTEREST



#### Improv for Seniors

Embracing play and learning improv can have a transformative impact on adults' personal and professional lives. Improv offers numerous benefits: It promotes creativity, enhances communication skills, and boosts self-confidence. Improv encourages adults to let go of their inhibitions and embrace spontaneity. By engaging in play, adults can tap into their inner child and experience joy and laughter. Play is important for adults as it reduces stress, improves cognitive function, and fosters social connections. Get outside of your comfort zone and play! No previous experience is necessary. Students will also have the opportunity to tour the backstage of the Woodstock Opera House. This class will include some physical movement.

Fee: \$20				Cheryl Cox
# 10405	Т	2/11	1–3 p.m.	Catalyst Campus
# 10406	Т	3/11	1–3 p.m.	Catalyst Campus

#### **Exploring Coin Collecting, Medallions, and More**

Coins and currency hold a rich history, making collecting a rewarding hobby. Explore numismatics, which is the study or collection of currency, including coins, tokens, paper money, medals, and related objects. This class will introduce the basics of coin collecting and promote interest in history, geography, and culture. Discover which coins and currency are collectible and learn a variety of helpful tips for storage, proper handling, grading, value, and pricing. Students can present coins in class for discussion.

Fee: \$49				John Kent
# 10692	Th	3/13, 3/20	6:30–8:30 p.m.	Catalyst Campus
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#### Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you where to find different types of coupons, even for high-ticket items; how to find the best coupon apps and websites; and how to match coupons with sales for maximum savings. This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$25				LeeAnne Krusemark
# 9745	Т	2/25	3–4 p.m.	Remote



#### Genealogy Basics

Learn to trace your family history and make it come alive. This course provides hands-on examples that help you dig deeper into your family's past using several subscription-based websites that you will be able to access during the course.

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# <u>9835</u>	1/15–3/7	24 Hours	Online
# <u>9836</u>	2/12-4/4	24 Hours	Online
# <u>9837</u>	3/12–5/2	24 Hours	Online



Gain the ability to create humor, an important skill that can open many doors. This course is filled with opportunities to laugh as you learn how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or entertain friends and even make new ones.

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# 9838	1/15–3/7	24 Hours	Online
# 9839	2/12–4/4	24 Hours	Online
# <u>9840</u>	3/12–5/2	24 Hours	Online



Meet Cheryl: Cheryl is the owner of Woodstock Improv. She has completed all five levels of the improvisation program at the Second City in Chicago. She is a former educator who is passionate about helping others to discover their full potential through the power of improvisation.

### Learn to Buy and Sell on eBay

Learn from an auction pro how to work from home or earn extra income by buying and selling goods online for top dollar. This course will teach you how to get noticed, value items, sell quickly, protect against fraud, and safely conduct financial transactions.

Fee: \$125

# <u>9841</u>	1/15–3/7	24 Hours	Online
# 9842	2/12-4/4	24 Hours	Online
# 9843	3/12–5/2	24 Hours	Online

#### **TECHNOLOGY**



Don't spend your hard-earned cash on PC repairs that you can fix yourself with a little troubleshooting knowledge. This course takes you step-by-step through typical hardware and operating system problems and gives you the skills you need to solve them as you learn to maintain and optimize a Windows PC.

Fee: \$129

# <u>9607</u>	1/15–3/7	24 Hours	Online
# <u>9608</u>	2/12-4/4	24 Hours	Online
# <u>9609</u>	3/12-5/2	24 Hours	Online

#### Adobe Illustrator Essentials

Adobe Illustrator is the industry standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards or any other vector graphics for print or web. In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type and color all kinds of shapes and illustrations. Learn how to efficiently manage layers and artboards, and create print-ready PDF documents. Access to Adobe Illustrator software required. One-month course.

Fee: \$225 Andy Helmi # 10129 2/3–2/28 16 Hours Online

### Adobe Photoshop Essentials

This fundamental course covers Adobe Photoshop CC most commonly used tools, menus and panels. You'll learn all the basics of Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch and enhance existing images or create your own composite digital art work. Impress your business organization, friends and family by enhancing their photos and create magazine cover quality enhanced images. Access to Adobe Photoshop software required. One-month course.

Fee: \$225 Andy Helmi # 10134 3/3–3/28 16 Hours Online

#### All About Canva Pro Level 1

Canva is a online graphic design tool that can be used to create social media posts, presentations, posters, videos, logos, and more. Join Lori Lattanzio, Manager of Communications and Marketing at Northern Illinois Special Recreation Association (NISRA), as she shares how Canva can help your projects come to life, no matter what your skill level. Lattanzio is a self-taught nonprofit professional who paved the way for herself through passion and creativity. Working in the nonprofit sector brings the opportunity to be more budget-friendly when it comes to resources—and that's where Canva comes in! This workshop will demonstrate skills for the beginner and advanced user.

Fee: \$69 Lori Lattanzio # 10417 Th 1/16 1–3:30 p.m. Catalyst Campus

#### All About Canva Pro Level 2

Let's put your Canva skills to use! This workshop picks up where Canva Pro Level 1 left off. First, we'll recap Canva features and tools while also learning a few new advanced tricks! Then, you'll get the opportunity to experiment and create marketing material for personal or professional use. This hands-on class is taught in a computer lab – no need to bring your own technology. Canva Pro subscription/log-in required. Please arrive to class 10 minutes early to get signed in and ready for class by the start time.

Fee: \$69 Lori Lattanzio
# 10418 T 2/18 10 a.m.–Noon Catalyst
Campus

#### Canva Pro: Presentations

Presentations can be boring - but not with Canva's presentation needs, you'll be able to market your brand or business full of great graphics, elements, and animations to fully engage the audience you're presenting to. Canva Pro subscription/log-in required.

Fee: \$29 Lori Lattanzio # 10421 M 2/24 3-4 p.m. Remote

#### Canva Pro: Social Media

There are many apps to use for social media marketing, but Canva makes it simple with its templates, content planner, mockups, and more. We'll navigate through all the great tools Canva has specifically for social media marketing creation! Canva Pro subscription/log-in required. Please arrive to class 10 minutes early to get signed in and ready for class by the start time.

Fee: \$29 Lori Lattanzio #  $\frac{10419}{}$  W 1/29 2-3 p.m. Remote

#### Canva Pro: Video Editor

Do you need some fun and engaging video content? Canva's video editor makes it simple with their easy-to-use video features for everyday videos or even special occasions. We'll navigate through all the great tools Canva has specifically for video editing to bring your videos to life! Canva Pro subscription/log-in required.

Fee: \$29 Lori Lattanzio

# <u>10420</u> F 3/21 10–11 a.m. Remote

#### Microsoft Excel Level 1 (Basic)

Learn the basic concepts and skills needed to start being productive with Excel. Topics include creating and saving worksheets; entering, moving and manipulating data; using formulas and functions; formatting text, numbers and cells; creating charts; data entry shortcuts; and managing, printing and sharing workbooks.

Fee: \$179 Audrey Minkalis

# 10363	М	2/10	8 a.m.–4:30 p.m.	Catalyst Campus
# 10360	ThF	2/27, 2/28	8 a.m.–Noon	Catalyst Campus

#### **Microsoft Excel Level 2 (Intermediate)**

Build upon your foundational knowledge of Excel by learning more advanced tools for analysis and presentation of data. Topics include managing complex workbooks; building more complex functions; using data analysis tools like PivotTables and PivotCharts; making an impact with powerful chart and presentation features; and collaborating with other users. The course assumes students know how to use a computer, that they're familiar with Microsoft Windows, and that they've taken the Level 1 course or have equivalent introductory experience with Excel.

Fee: \$179 Audrey Minkalis

# 10364	М	2/24	8 a.m.–4:30 p.m.	Catalyst Campus
# 10361	ThF	3/13, 3/14	8 a.m.–Noon	Catalyst Campus

### Microsoft Excel Logical IF Functions and Lookup Functions

Learn the advanced formula tools of IF, SUMIF, AVERAGEIF, COUNTIF, SUMIFS, AVERAGEIFS, COUNTIFS, nesting IFS, VLOOKUP, HLOOKUP, and VLOOKUP in Excel.

Fee: \$69 Audrey Minkalis

# <u>10367</u> Th 2/27 1:30–3:30 p.m. Remote

#### Microsoft Excel Pivot Tables

Discover how to create a Pivot Table in Excel using filter, row, column, and values. You'll learn how to format a Pivot Table, add formulas into the table, group values, work with slicers, and insert a Pivot Chart.

Fee: \$69 Audrey Minkalis

# <u>10372</u> Th 3/13 1:30–3:30 p.m. Remote

#### Microsoft Excel Working with Multiple Sheets

Learn how to add, delete, rename, change the color of sheet tabs, hide/unhide, and move/copy sheets in Excel. Discover how and why you should select multiple sheets at the same time using shift and control. You will also learn how to write formulas between sheets to create a summary sheet.

Fee: \$69 Audrey Minkalis

# <u>10368</u> F 3/14 1:30–3:30 p.m. Remote

#### **Microsoft PowerPoint Tips and Tricks**

This class is for the PowerPoint user who wants to learn how to make presentations more effective. Valuable PowerPoint tips, tools, and timesavers will be covered along with general presentation guidelines.

Fee: \$89 Audrey Minkalis # 10377 Th 2/13 12:30–4:30 p.m. Remote

#### **Microsoft Word Tips and Tricks**

Microsoft Word is a powerful word processing program that gives you the ability to create and share documents with a comprehensive set of writing tools.

Fee: \$89 Audrey Minkalis

# <u>10374</u> Th 2/13 8 a.m.–Noon Remote

### Podcasting

Businesses are turning to podcasting to grow their brand and connect with customers. People with a niche hobby are turning podcasts into a business. Podcasting is experiencing a rebirth as mobile devices are everywhere. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online. Come to class with your idea and end with your show online for all to hear.

Fee: \$245 Travis Allison # 10037 2/3–2/28 16 Hours Online

#### **TEST PREP**

#### GRE Prep Series

If you're planning to apply for graduate school, this series is the perfect place to prepare for the GRE. Learn techniques for taking on the verbal reasoning, analytical writing, and quantitative math sections of the test. We'll also provide pointers on managing time, reducing anxiety, and explain how scoring is calculated.

# <u>9796</u>	1/15–4/11	48 Hours	Online
# <u>9797</u>	2/12–5/9	48 Hours	Online
# 9798	3/12–6/6	48 Hours	Online

#### **WRITING**

#### How to Self-Publish for Free

This course will start your personal journey to becoming a royaltyearning self-published author. Write the next Great American Novel, share your professional expertise, or tell your family's story. Whatever you dream of writing, you can write and publish it yourself. A successful self-published author will show you how to produce e-books and print books through Amazon Kindle Direct Publishing—plus other online platforms—that will give you worldwide reach. We'll cover the basics including proper manuscript and book formatting, book cover design, editing tools, and publishing platforms. Learn how to create accounts and understand dashboards, reports, copyrights, ISBN, LCCN, and AISN. We'll also teach you how to develop a self-publishing plan and take steps to put that plan into action. Students who already have a book in progress can develop it for publication, while students who are new to writing and self-publishing will develop a solid understanding of this exciting and constantly-evolving new industry. This is a self-paced course with direct communication with the instructor. After registering, you will receive an email from the instructor directly within two weeks.

Fee: \$79 Roxanne Boersma

# <u>9693</u> 1/1–3/31 8 Hours Remote

#### How to Outline and Write an Irresistible Romance

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You will discover the different romance sub-genres and understand the proven romance formula. You will also learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9747</u> T 2/25 4–6 p.m. Remote

### Write a Riveting Mystery, Suspense, or Crime Story

Become a mystery writer for fun or profit! You'll explore different sub-genres and the three-act story structure of mystery writing. We'll show you how to create an intriguing cast of characters, choose your setting, craft an opening that grabs readers' attention, and use red herrings to misdirect and create suspense. Publishing options will also be discussed. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# 9746 T 2/25 6–8 p.m. Remote

### Writing for Online Blogs, Magazines, and Websites

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. Some opportunities offer exposure, while many pay well—\$1 a word or more. In this fast-paced session, you'll learn how to find ideas, sources, and more than 1,000 opportunities that pay; conduct interviews and create interesting content; protect your copyright; write query letters; and use your credibility to sell other articles or even your self-published novel. Informative handouts for future use are included in class fee.

Fee: \$35 LeeAnne Krusemark

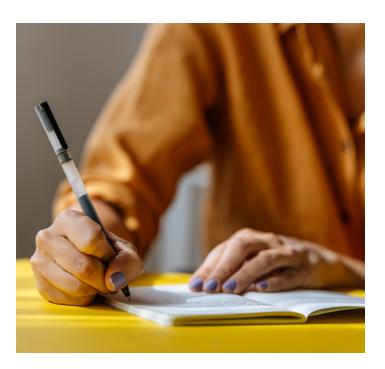
# <u>9748</u> W 2/26 4–6 p.m. Remote

### Beginners Guide to Using Free ChatGPT (AI) for Writers

ChatGPT (AI) is here to stay and is the future for writers and content creators. Don't be left behind! In this beginner-friendly course, you'll learn how to use this cutting-edge technology to gain ideas and inspiration. We'll teach you how to register for a free ChatGPT account; input effective writing prompts to avoid nonsense responses; build creative content for everything from stories to marketing copy; understand ethical/legal considerations; and determine its capabilities and limitations. There's no doubt ChatGPT and similar AI systems will force the job market to evolve. It's crucial for everyone to adapt, learn new skills, and be open to working in collaboration with AI—so start building your expertise in the world of ChatGPT now! The webinar login information will be emailed the day before class. No prior AI experience required.

Fee: \$35 LeeAnne Krusemark

# <u>9749</u> Th 2/27 4–6 p.m. Remote



#### **Explore the World as a Travel Writer**

If you love to travel and love to write, this is for you! We will discuss how to use all your senses in a new destination to create more detailed and in-depth descriptions that capture and maintain readers' interest, and whether or not you need to include photos with your work. You will also learn how to find and submit your finished product to print and online markets, the business side of travel writing (how to take travel tax deductions), and how to avoid worn-out travel writing cliches. Informative handouts for future use are included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9751</u> F 2/28 6–8 p.m. Remote

### Be a Better Writer: 10 Easy Tips to Improve Your Writing NOW

We write everyday: emails, social media posts, work projects, and even non-fiction or creative writing. Improving is just a matter of knowing some simple tricks to make your writing more impactful and readable (which may even help you receive a promotion at work or get noticed by a publisher!). In this hands-on session, we'll go through many writing/editing examples and exercises so you can see in real time how to make sentences flow properly while still maintaining reader interest. You'll also leave with a workbook full of writing tips and tricks, which is included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark

# <u>9754</u> Sa 3/1 3–6 p.m. Remote

#### How to Write Your Life Story (for fun or profit)

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark

# 9752 Sa 3/1 10 a.m.–1 p.m. Remote

### Introduction to Screenwriting for Television or Movies

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen. We'll teach you how to plot a story, develop characters, and execute your work in the proper screenwriting format. You'll discover the difference between a treatment, spec script, and shooting script and when to do each. Plus, you'll get an inside look into the business of selling your script to agents and producers. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9753</u> Sa 3/1 1–3 p.m. Remote

#### Write Your First Novel in 90 Days

This intensive course provides a schedule of crafting a novel from start to finish, which you can finish in as little as 90 days! We'll teach you how to stay motivated through the journey; select your novel genre and develop a compelling premise; create multidimensional characters in immersive settings; craft a detailed plot outline; manage your time to keep your writing flow consistent; combat common roadblocks including writer's block; master the art of self-editing; refine your plot; and fix pacing, dialogue, and characterization problems. We'll also discuss publishing options and provide the opportunity to receive constructive criticism. By the end of this class, you will know how to complete your novel and have the confidence to move forward with the publishing process. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$45 LeeAnne Krusemark

# <u>9755</u> W 3/5 6–9 p.m. Remote

#### **NEW!** Creative Writing 101: A Beginner's Guide

You don't need a degree in creative writing to be an exceptional writer and get paid for it! Anyone with a passion for writing can learn and develop their fiction and non-fiction writing skills. Whether you're writing from your own life experience, creating new worlds, or informing readers about important information, this class will teach you about the different forms of creative writing, the top 10 creative writing tips for beginners, as well as how to brainstorm for new creative writing ideas, bring your words to life with engaging descriptions, develop your own writing style, and how to get paid for your creative writing. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9756</u> Th 3/6 4–6 p.m. Remote



**Meet LeeAnne Krusemark:** LeeAnne is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges and other institutions from Maine to Hawaii, as well as an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide, including Harvard.



#### **NEW!** Writing Short Stories: A Beginner's Guide

Writing short stories (1,000–30,000 words) helps you discover your writing voice and convey your ideas effectively. You'll learn how to bring your story to life with an engaging plot, character development, action, and dialogue. Additionally, you'll explore the technical aspects of crafting a short story, including structure, key character moments, and story progression. You'll also learn what to do with your completed short story, including editing, proofreading, and publishing options. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9757</u> Th 3/6 6–8 p.m. Remote

### **NEW!** Introduction to Journaling: A Beginner's Guide

Journaling is simply recording your thoughts, feelings, and insights in a written, drawn, or typed format. It can be done on paper or on a computer, and it's a low-cost way to improve your mental health. Journaling can help you reduce stress, improve your self-awareness, as well as prioritize problems, fears, and concerns, and provide an opportunity for positive self-talk. You'll learn how to start journaling (even when you don't know what to write), the 10 most popular types of journaling, how to kick-start self-reflection and self-discovery, and track your progress and personal growth. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9759</u> F 3/7 4–6 p.m. Remote

### **NEW!** Ten Practical Tips to Writing Powerful Dialogue

Writing believable, relatable dialogue is an art form. Fortunately, there are some tried and tested methods and techniques you can use to improve the dialogue in your novel or script. In this fast-paced session, you'll learn how to turn ordinary words into compelling dialogue, use clean dialogue tags, differentiate character voices, use dialogue instead of narrative/voiceover, avoid dialogue dumps, and be real but not boring. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$25 LeeAnne Krusemark

# <u>9758</u> F 3/7 3–4 p.m. Remote

#### Beginner's Guide to Starting a Free Blog

Online blogging is a great way to get the word out about you, your service, your product, or any other information you'd like to share! You will learn step-by-step how to: start a FREE blog with WordPress, choose a blog template, emphasize your blog content with a creative name, use your unique voice to share your expertise, and connect your domain/website. You will also learn how to earn an income with your blog (including linking to other websites and advertising) and how to increase your internet ranking. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9760</u> Sa 3/8 11 a.m.–1 p.m. Remote

### Comedy Writing: How to Be Funny on Paper and Stage

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, ultimately want to write for print/production, or perform your own stand up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy of a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. Informative handouts for future use are included in the class fee. The webinar login information will be emailed the day before class.

Fee: \$35 LeeAnne Krusemark

# <u>9761</u> Sa 3/8 1–3 p.m. Remote

#### Beginning Writer's Workshop

If you have a story that needs to be written, an online writing workshop is a great place to start. This course will help improve your writing skills and discover new ways to stretch your creative muscles.

# 9678	1/15–3/7	24 Hours	Online
# 9679	2/12-4/4	24 Hours	Online
# 9680	3/12-5/2	24 Hours	Online

#### 🔲 Grammar Refresher

Level up your grammar, speaking, and writing skills! In this course, we'll review the eight parts of speech, punctuation and mechanics, and foundational sentence construction. We'll also discuss phrases, clauses, problem words, common grammar mistakes, and much more using practical, hands-on exercises, short videos, and even fun games.

Fee: \$115

# 9683	1/15–3/7	24 Hours	Online
# 9684	2/12–4/4	24 Hours	Online
# 9685	3/12–5/2	24 Hours	Online



#### The Craft of Magazine Writing

Learn the skills and insights you will need to jump-start your career as a magazine writer. This course will teach you how to get your work published and turn your writing skills into an easy source of extra income.

Fee: \$129

# <u>9686</u>	1/15–3/7	24 Hours	Online
# <u>9687</u>	2/12–4/4	24 Hours	Online
# <u>9688</u>	3/12-5/2	24 Hours	Online



#### Write Fiction Like A Pro

Learn how to use story outlines like a professional writer with the help of lessons developed by a published author. This course will show you how to apply narrative structure to lend your fiction writing the maximum dramatic effect.

Fee: \$115

# <u>9735</u>	1/15–3/7	24 Hours	Online
# <u>9736</u>	2/12-4/4	24 Hours	Online
# 9737	3/12–5/2	24 Hours	Online



#### Writing Essentials

Master the essentials of writing so you can excel at business communications, engage online audiences, and take your creative literary talents to a new level. This course provides you with the writing tools you need for success.

Fee: \$129

# 9738	1/15–3/7	24 Hours	Online
# <u>9739</u>	2/12-4/4	24 Hours	Online
# <u>9740</u>	3/12–5/2	24 Hours	Online

#### >> ABOUT COMMUNITY ENRICHMENT

The Community Enrichment Center provides a variety of in-person and online enrichment classes for the community in the areas of art, crafts and hobbies, culinary, dance, health and wellness, home and garden, languages, music, personal finance, photography, writing, and more.

For additional in-person, remote, and online class offerings, please visit www.mchenry.edu/personaldevelopment.

Catalyst Campus at McHenry County College 222 East Church Street, Woodstock, IL 60098 personaldevelopment@mchenry.edu (815) 455-8758

#### Writing for Children

Create stories that touch the hearts of children with the help of a published children's author. This course provides you with an essential overview of planning, researching, writing, and marketing children's books that engage audiences and sell to publishers.

# <u>9741</u>	1/15–3/7	24 Hours	Online
# 9743	2/12–4/4	24 Hours	Online
# 9744	3/12–5/2	24 Hours	Online

#### TALENT IMPACT CENTER PROGRAMS AT CATALYST CAMPUS



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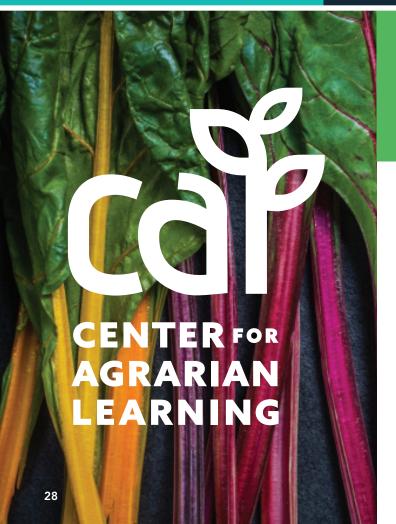
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The Center for Agrarian Learning at MCC offers community workshops and seminars to help keep your farm sustainable, productive, and profitable.

### Homesteading Classes with Community Enrichment

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- Starting a Vegetable Garden
- Mushroom Mission
- Small Engine Repair



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# >> KIDS AND COLLEGE SPRING BREAK 2025





Camp Invention®, by the National Inventors Hall of Fame, Inc.®, is being offered over spring break in single-day unique camps, giving your student the opportunity to learn something exciting and different each day. Campers are invited to sign up for one day or all three.





The MCC Kids and College Program has partnered with the Griffin Museum of Science and Industry to host a series of Young Makers Camps in the MSI Makers Space, located within the newly opened MCC Foglia Center for Advanced Technology and Innovation.

#### MONDAY, MARCH 24



#### Young Makers Camp: 3D Printing, Grades 5-8

Come spend a day learning the basics of 3D printing and 3D modeling in the MCC Makerspace with a Griffin Museum of Science and Industry Young Makers Camp! Students will get hands on with the latest in additive manufacturing technology and get introduced to digital fabrication design concepts. They'll explore simple shape CAD as well as basic mesh modeling. Best of all, everything they make they will get to take home at the end of the day.

Fee: \$75

# 10616

9 a.m.-4 p.m. Main Campus



### Camp Invention Let's Glow, Grades 1-5

Creativity radiates as campers explore the science of light through illuminating inventions and the genetic code of glowing animals. They practice persistence as they build a one-of-a-kind Glow Box, experimenting with different layers of light, color, and customized designs. Through the power of illumination, their ideas shine.

Fee: \$60

# 10613

9 a.m.–4 p.m. Main Campus

#### Minecraft: Creative Mode, Grades 1-5

What is Minecraft? This engaging computerized game is built around blocks, creatures, and building community. We'll explore creative mode to get you started on your adventure. Come learn tips and tricks to help your creativity run wild.

Fee: \$75 **David Collins** 

# 10608 MTW 3/24-3/26 9 a.m.–Noon Main Campus

#### Print Making, Grades 1-4

Have fun in this hands-on class while learning the basics of print-making.

Fee: \$30 Julie Kukreja

# 10633 3/24 9 a.m.-Noon Main Campus

#### Fun with Cookie Decorating, Grades 1-8

Do you have a love for baking or decorating cookies? How about eating them? In this class, you'll learn the basics of making and decorating delicious cookies. Learn how to make the perfect cookie dough, understand basic measurements, how to cut and shape your cookie dough, and proper icing and decorating techniques. Each day, you'll receive a different set of pre-baked, themed cookies to decorate and bring home to share with others. Please note, campers will not be baking in this class. An apron is recommended but not required.

Fee: \$30 Lauren Daly

# 10610 9 a.m.-Noon Main Campus

#### Improv for Kids, Grades 5–8

This class introduces the fundamentals of improvisation through various games that develop essential communication, collaboration, problem-solving, and creativity skills while having fun! All skill levels are welcome.

Fee: \$75 Cheryl Cox

# 10619 MTW 3/24-3/26 9 a.m.-Noon Main Campus

For information about the Kids and College Program at McHenry County College, contact the Community Enrichment Center at (815) 455-8758 or kidsandcollege@mchenry.edu. Learn more online at www.mchenry.edu/kidsandcollege.

#### Rowing with STEM, Grades 5-8

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

Fee: \$45 Sweeps & Sculls Rowing

# <u>10627</u> M 3/24 9 a.m.–Noon Main Campus

#### Rowing with STEM, Grades 1-4

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

Fee: \$45 Sweeps & Sculls Rowing

# <u>10628</u> M 3/24 1–4 p.m. Main Campus

#### Print Making, Grades 5-8

Have fun in this hands-on class while learning the basics of print-making.

Fee: \$30 Julie Kukreja # 10634 M 3/24 1–4 p.m. Main Campus

#### Minecraft: Survive! Grades 5-8

Can you survive in Minecraft—even with limited resources? Students will explore the world of Minecraft and learn about sustainability. Working in groups, students will plan and construct their own colonies—using limited resources—with the goal of self-sustaining. Problem-solving, teamwork, and diplomacy will be key skills students need to ensure their colony thrives!

Fee: \$75 David Collins

# <u>10609</u> MTW 3/24–3/26 1–4 p.m. Main Campus

#### Improv for Kids, Grades 9-12

This class introduces the fundamentals of improvisation through various games that develop essential communication, collaboration, problem-solving, and creativity skills while having fun! All skill levels are welcome.

Fee: \$75 Cheryl Cox

# <u>10620</u> MTW 3/24–3/26 1–4 p.m. Main Campus



#### TUESDAY, MARCH 25



#### Young Makers Camp: Vinyl Cutting, Grades 5-8

Come spend a day learning the basics of vinyl cutting in the MCC Makerspace with a Griffin Museum of Science and Industry Young Makers Camp! Students will get hands on with the latest vinyl cutting and fashion and get introduced to digital fabrication design concepts. They'll get to make their own stickers and ironon designs. Best of all, everything they make they will get to take home at the end of the day.

Fee: \$75

# <u>10617</u> T 3/25 9 a.m.–4 p.m. Main Campus



#### Camp Invention® In the Game, Grades 1-5

As campers create their own light-up game board, they team up to tackle athletics, design, business, and invention. They examine the features and specialized materials of a variety of sports balls, then create their own to use with their personalized game. They build a brand, create a logo, and are recognized for their creativity by being inducted into the Game of Fame.

Fee: \$60

# <u>10614</u> T 3/25 9 a.m.–4 p.m. Main Campus

#### Rowing with STEM, Grades 1–4

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

 Fee: \$45
 Sweeps & Sculls Rowing

 # 10629
 T
 3/25
 9 a.m.-Noon
 Main Campus

#### Fun with Cookie Decorating, Grades 1–8

Do you have a love for baking or decorating cookies? How about eating them? In this class, you'll learn the basics of making and decorating delicious cookies. Learn how to make the perfect cookie dough, understand basic measurements, how to cut and shape your cookie dough, and proper icing and decorating techniques. Each day, you'll receive a different set of pre-baked, themed cookies to decorate and bring home to share with others. Please note, campers will not be baking in this class. An apron is recommended but not required.

Fee: \$30 Lauren Daly

# <u>10611</u> T 3/25 9 a.m.–Noon Main Campus

#### Mini Art Masters Museum, Grades 5-8

Create a mini art piece from a famous artists such as Monet, Picasso, Van Gogh, and Matisse.

Fee: \$30 Julie Kukreja # 10635 T 3/25 9 a.m.–Noon Main Campus

#### Mini Art Masters Museum, Grades 1-4

Create a mini art piece from a famous artists such as Monet, Picasso, Van Gogh, and Matisse.

Fee: \$30 Julie Kukreja # 10636 3/25 1-4 p.m. Main Campus

#### Rowing with STEM, Grades 5-8

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

Fee: \$45 Sweeps & Sculls Rowing # 10630 3/25 1-4 p.m. Main Campus

#### WEDNESDAY, MARCH 26



#### Young Makers Camp: Laser Cutting, Grades 5-8

Come spend a day learning the basics of laser cutting in the MCC Makerspace with a Griffin Museum of Science and Industry Young Makers Camp! Students will get hands on with the latest in hobby laser cutters and get introduced to digital fabrication design concepts. They'll get to make their own projects from keychains to tic-tac-toe boards. Best of all, everything they make they will get to take home at the end of the day.

Fee: \$75

# 10618 9 a.m.-4 p.m. Main Campus



### Camp Invention Prototyping Studio, Grades 1–3

Campers star as contestants on a game show where they mold, shape, and transform their ideas into amazing inventions. Using a DIY toolbox and everyday materials, as well as inspiration from National Inventors Hall of Fame Inductees, they complete a series of exciting prototyping challenges. While tapping into their imagination, they discover that invention can happen in any place at any time.

Fee: \$60

# 10657 3/26 9 a.m.-4 p.m. Main Campus

#### **Drawing Magical Creatures, Grades 1–4**

Do you love to draw or doodle? This class will teach you how to become a better artist by drawing your own magical creatures!

Fee: \$30 Julie Kukreja # 10637 3/26 9 a.m.–Noon Main Campus



#### Camp Invention Operation HydroDrop, Grades 3-5

Campers embark on a global operation to help solve water challenges around the world. They discover the role water plays for people and the planet, then customize a robotic Lab-on-Wheels to assist in their exploration. They use creative problem solving to design inventions that will help create a crystal-clear future. Camp Invention®, by the National Inventors Hall of Fame, Inc.®, is offering a series of unique one-day camps over spring break, with something exciting and different to learn each day.

Fee: \$60

# 10615 3/26 9 a.m.-4 p.m. Main Campus

#### Fun with Cookie Decorating, Grades 1-8

Do you have a love for baking or decorating cookies? How about eating them? In this class, you'll learn the basics of making and decorating delicious cookies. Learn how to make the perfect cookie dough, understand basic measurements, how to cut and shape your cookie dough, and proper icing and decorating techniques. Each day, you'll receive a different set of pre-baked, themed cookies to decorate and bring home to share with others. Please note, campers will not be baking in this class. An apron is recommended but not required.

Fee: \$30 Lauren Daly # 10612 3/26 9 a.m.-Noon Main Campus

#### Rowing with STEM, Grades 5-8

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

Fee: \$45 Sweeps & Sculls Rowing 9 a.m.–Noon # 10631 3/26 Main Campus

#### Rowing with STEM, Grades 1-4

Join Sweeps and Sculls Rowing for a fun-filled day of active learning! We'll show you how to flex your STEM muscles while working your actual muscles through the sport of rowing. You'll receive an introduction to rowing, followed by a series of experiments that incorporate math, physics, technology, and more! We'll keep both your mind and body moving in this exciting, three-hour class.

Fee: \$45 Sweeps & Sculls Rowing # 10632 3/26 1-4 p.m. Main Campus

#### Drawing Magical Creatures, Grades 5-8

Do you love to draw or doodle? This class will teach you how to become a better artist by drawing your own magical creatures!

Fee: \$30 Julie Kukreja # 10638 3/26 1-4 p.m. Main Campus



## CAREER SERVICES CENTER

MCC Career Services are available to prospective students, current students, alumni, and community members for life! We provide FREE support services and resources to help you create your career plan and reach your professional goals.



Career Coach



1:1 Career Counseling



Hire a Scot/Job Search



Resume/Cover Letter Development and Review



Interview Prep



Internship, Apprenticeship, and Job Shadow Opportunities



Career Development Workshops



Job Fairs and Employer Engagement Opportunities

McHenry County College Career Services Office Room A254, careers@mchenry.edu, (815) 455-8566

McHenry County College does not discriminate on the basis of race, color, sex, national origin, or disability. Visit www.mchenry.edu/nondiscrimination for more information.

## >>> CAREER SPARK CENTER

The following classes are offered through in-person, remote (Zoom), or online instruction. Registered participants will receive location or access information by email within 24-hours before a class begins. For updated class offerings, refund policy, or to register, visit www.mchenry.edu/careerspark or call (815) 479-7879.

#### CONSTRUCTION AND SAFETY

#### Flagger Certification

The National Safety Council (NSC) Work Zone Flagger Program incorporates classroom instruction, hands-on training and a flagging skills test to teach roadway personnel how to minimize confusion with standard flagging procedures and provide safe passage of traffic through and around Temporary Traffic Control Work Zones. This four-hour NSC Certification program meets federal industry guidelines and includes a manual on Uniform Traffic Control Devices. This certificate is valid for three years.

Fee: \$150 Philip Senn

# <u>9916</u> F 3/14 8 a.m.–Noon Catalyst Campus

#### **Forklift Operator Training**

This hands-on class will focus on both the didactic and practical training following OSHA guidelines for the Powered Industrial Trucks Standard. In the classroom we will discuss the various types of trucks, their controls, steering and maneuvering, capacities, load stabilities, pre-use inspection safety checklists, and any other safe operating instruction. Once didactic instruction is complete, there will be an operator performance evaluation on completion of the safety pre-check, mounting the vehicle, expressing knowledge of each control, and showing ability to safely operate the vehicle through a required task course. Attendees will be provided a Certificate of Completion.

Fee: \$195 Robert Bower

# <u>10221</u> F 3/21 8 a.m.–4:30 p.m. Main Campus



#### **FIRE SERVICE**

#### **Basic Operations Firefighter**

This course meets all the Office of the State Fire Marshal (OSFM) requirements for Illinois State Certification as a Basic Operations Firefighter, as well as NFPA 1001. Successful completion of the course will prepare students for the OSFM exam for certification in Basic Operations Firefighter, Hazardous Materials Operations, and Fire Service Vehicle Operations. Students will also receive MABAS Division V RIT Certification, NIMS 100 and 700 Certifications, and Courage to Be Safe Certification. Students must be equipped with NFPA-compliant protective clothing and SCBA. Required Textbook: Fundamentals of Fire Fighter Skills & Hazardous Materials Response: Jones & Bartlett Learning Enhanced, 4th Edition Advantage Package. ISBN: 9781284151336 Link: https:// bit.ly/2O8zKmb Pre-Requisites: Must be a rostered member of a fire department and on OSFM roster to attend this course. Career Spark Course Registration: Email your MCC company sponsorship form to: careerspark@mchenry.edu.

Fee: \$2,359.75 Larry Kane

# <u>10555</u>	M-Th	1/21-4/24	6-9:50 p.m.	Main Campus
	Sa	1/25–4/26	8 a.m.–4:50 p.m.	
# <u>10556</u>	M-Th	2/17–4/26	8 a.m.–4:50 p.m.	. Main Campus
	Sa	2/22–4/26	8 a.m4:50 p.m.	

#### FOOD SERVICE SANITATION

#### ServSafe® Food Protection Manager Certification

All food service operations that prepare and serve food are required to have a certified food safety manager on the premises when food is being handled. This course covers all critical principles including personal hygiene, cross-contamination, time and temperature, receiving and storage, food safety management systems, training, cleaning, and sanitizing. This 8-hour ServSafe course and exam (an ANSI-CFPM accredited provider) meets the Illinois Department of Public Health requirements. The certification is valid for five years.

Fee: \$189			Mark Halverson
# 10228	Т	1/28	8 a.m.–5 p.m. Catalyst Campus
# 10230	Τ	3/11	8 a.m.–5 p.m. Catalyst Campus
# 10229	Τ	2/11	8 a.m.–5 p.m. Catalyst Campus

#### PROFESSIONAL HEALTHCARE

#### **EKG Technician**

Prepare to become a Certified EKG Technician (CET)! Study basic to advanced concepts in EKG. These concepts include basic cardiac anatomy and physiology, proper lead placement for a 5- and 12- lead, technical aspects of the EKG machine, how to calculate heart rate, and interpret a rhythm strip, as well as several advanced concepts working with the 12-lead EKG machines. You'll also learn how to prep a patient for EKG monitoring and how to troubleshoot EKG artifacts. This training will allow you to assist a physician with diagnosing myocardial infarction, cardiac arrhythmias, and heart rhythm irregularities. EKG machines are used in physicians' offices, hospitals, clinics, and other healthcare facilities. After successful completion of the course, you'll be prepared to take the National Healthcareers Association (NHA) Certified EKG Technician (CET) exam.

Fee: \$999 Kristin Lynam

# <u>10644</u> Th 4/3–5/22 8:30 a.m.–12:30 p.m. Main Campus

#### **Pharmacy Technician**

The Professional Pharmacy Technician Training course is designed to teach students the fundamentals and particulars of being a pharmacy technician. This program is ideal for a variety of students, including those interested in pursuing pharmacy careers and those with a healthcare background looking to enhance their skills. The class introduces students to various pharmacy practice settings and covers drug classes, basic physiology, drug interactions and daily pharmacy operations. It trains individuals to effectively assist in pharmaceutical preparations and complete essential tasks in any pharmacy environment, while also acknowledging the importance of on-the-job training. Upon completion, students will be prepared to sit for the NHA (National Healthcareer Association) ExCPT exam. \*All books and lab materials are included in the price of tuition. \*It is HIGHLY RECOMMENDED that all students possess pre-algebra and basic computer web navigation skills, and fluency in English prior to enrolling in the class.

Fee: \$1,999 Samantha Rimas and Madonna Vorderer

# <u>9670</u> TTh 1/21–5/15 5:30–7:30 p.m. Main Campus

#### **Phlebotomy Technician**

Phlebotomists draw blood for tests, transfusions, research, or blood donations. As a certified phlebotomist, you can work in a variety of healthcare settings and perform critical work in the healthcare field. MCC's certification program consists of 60 classroom and lab hours in which you'll be required to complete a minimum of 30 venipunctures and 10 capillary sticks (must be able to find volunteers–friends, family, etc.). After successful completion of the course, you'll be prepared to take the National Healthcareers Association (NHA) Certified Phlebotomy Technician (CPT) exam.

Fee: \$1,999 Melanie Sharratt

# 9922 MW 2/3-4/16 5-8 p.m. Main Campus

#### **BLS Healthcare Provider CPR**

This course meets the American Heart Association (AHA) requirements for recognition as a Basic Life Support Rescuer. It is intended for those entering or currently working in healthcare settings. After successfully completing this course, you'll receive a certification in BLS CPR. Cost of the book and materials are included in the course fee. 4.0 contact hours will be issued.

Fee: \$75				Michelle Krysiak
# 10328	W	2/5	2:30-6:30 p.i	m. Catalyst
				Campus
# 10329	W	3/12	6–10 p.m.	Catalyst Campus

#### Heartsaver® First Aid CPR/AED/BBP

Learn critical first-aid, CPR, and AED skills to manage emergencies like choking, bleeding, broken bones, and cardiac arrest until EMS arrives. This course also covers bloodborne pathogens (BBP) to help protect against exposure to blood. Ideal for those with limited or no medical training, it meets OSHA requirements and provides an American Heart Association completion card for job or regulatory needs.

Fee: \$125			Michelle Krysiak
# 10327	W	2/5	8 a.m.–2 p.m. Catalyst Campus
# 10231	W	2/26	8 a.m.–2 p.m. Catalyst Campus

#### Mental Health in the Workplace

In this interactive workshop, attendees will learn how to support individual employees who are dealing with mental health conditions, including how to talk to your employee, workplace accommodations for mental health, and how to handle a crisis situation. In addition, attendees will discuss how to proactively put policies, procedures, and practices in place to ensure that your workplace supports the mental health and wellness of all employees. This workshop is geared towards managers and human resources staff.

Fee: \$25 Abbey Nicholas

# <u>10352</u> W 2/12 8–9:30 a.m. Catalyst Campus



#### Spanish for Medical Professionals

Are you frustrated by the communication gap that can occur between you and your Spanish-speaking patients? If you answered yes, this Spanish class - designed specifically for healthcare professionals - will help you bridge that gap. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. You will learn the basics of the language, gain an understanding of the culture, and know how to ask the questions crucial to quality healthcare. Whether you speak some Spanish and need a refresher, or speak no Spanish, you will complete the course with the skills you will need to effectively communicate with your Spanishspeaking patients. Agenda Unit 1 Introduction to Vocabulary - Colors, nationalities, professions - Alphabet - Vowels and Consonants - Months and Days of the Week - Numbers 1 - 31 - The verb to be, 'ser' Unit 2 The verb to have - Describe possessions -Describing feelings, pain or ailment - Verb to be: Estar - Location, position, and state of being - Asking questions such as who, what, where, when and how Unit 3 Vocabulary: Parts of the body - Foods - Adjectives and Adverbs - Idiomatic Expressions - Conjugating regular "AR" "ER" and "IR" verbs - Asking and answering, "Who" -"What" - "Where" guestions Unit 4 Medical Terminology - Parts of the body - Symptoms and injuries - Medical emergencies - First aid - Medications - Common Illnesses

Fee: \$290 Cristina Sempé

# 9938 2/3-3/28 32 Hours Online

#### REAL ESTATE/HOME INSPECTION

#### **Home Inspection Pre-Licensing Course**

To become an Illinois-licensed home inspector, you must successfully complete an approved pre-licensing course (including five field inspection events), pass the Illinois Home Inspector License Exam, and submit your application and fee to the state. MCC is an Illinois-approved Pre-License School for Home Inspectors and this is an Illinois-approved pre-license course. This course covers the major elements of home inspection to help prepare you for the state certification exam. Successful completion of this 60-hour course, along with the five mandatory inspection events, is required to sit for the Illinois State Exam. Please expect to pay additional fees for the 5 required field inspection events. You are also responsible for your own transportation to and from the inspection event sites, and may be required to complete additional inspections outside of this course in order to meet the state licensure requirements. Topics covered include: exteriors, interiors, roofing, plumbing, electrical, HVAC, structural, misc. appliances, laws, and standards of practice. If you have had a felony conviction, you will need to contact the Illinois Department of Financial and Professional Regulation (IDFPR) at (217) 785-0800 to determine your eligibility for the exam.

Fee: \$999 Theodore Dinkelman

# 10551 3/4-5/8 6-9 p.m. Main Campus

#### **Real Estate Broker Pre-Licensing Series**

Real Estate Sales Broker Pre-Licensing Series: Study the broad field of real estate with an emphasis on license law, real property, agency structure, buyer and seller relationships and counseling. We'll also explore Illinois law, Federal law, marketing and advertising, market analysis and appraisal, financing, and contract knowledge, independent contractor/employee agreements and occupational disciplines. This blended-home study course satisfies 60 hours of the 75 hours of instruction required by the Illinois Department of Financial and Professional Regulation to become a Real Estate Broker. Real Estate Sales Broker Applied Real Estate Principles Interactive Course: We will cover role-playing, case studies, demonstration examples, and what-if scenarios in areas such as listing presentations, agreements and disclosures, writing purchase agreements, market analysis, seller net sheets, confronting fair housing violations, distressed property issues, antitrust scenarios, and inspection/repair issues. This course satisfies 15 hours of the 75 hours of interactive/situational training required by the Illinois Department of Financial and Professional Regulation to become a Real Estate Broker. Successful completion of this series qualifies you to sit for the Illinois Real Estate Broker Examination.

Fee: \$799 Becky Kirchner

# 9871 MTh 1/27-3/17 5:30-9 p.m. Main Campus

#### TRANSPORTATION

#### 160-Hr Commercial Drivers License (CDL)

In partnership with Eagle Training Services, Inc., located in Crystal Lake, Illinois, McHenry County College is pleased to offer comprehensive hands-on training which will prepare students to take the Secretary of State Class A test. Students train on city, county and federal highways. Students practice behind the wheel using the same equipment they will use while taking the Secretary of State Class A test. Students must be at least 18 years old, be able to read and write in English, and have a valid driver's license at the time of registration. This course consists of 40 hours of classroom instruction and 120 hours of yard and road skills. Classes run monthly; please contact careerspark@mchenry.edu to schedule your start date.

Fee: \$5,000 Eagle Training Services, Inc.

#8384 M-F 7:30 a.m.-3:30 p.m.



#### 240-Hr Commercial Drivers License (CDL)

In partnership with Eagle Training Services, Inc., located in Crystal Lake, Illinois, McHenry County College is pleased to offer comprehensive hands-on training which will prepare students to take the Secretary of State Class A test. Students train on city, county and federal highways. Students practice behind the wheel using the same equipment they will use while taking the Secretary of State Class A test. Students must be at least 18 years old, be able to read and write in English, and have a valid driver's license at the time of registration. This course consists of 40 hours of classroom instruction and 200 hours of yard and road skills. This training includes the hazmat certification and extended drive time. Classes run monthly; please contact careerspark@mchenry.edu to schedule your start date.

Fee: \$6,000 Eagle Training Services, Inc.

# <u>8385</u> M–F 7:30 a.m.–3:30 p.m.

#### **Motorcycle Technician Training Program**

In addition to service and repair, today's motorcycle technician is responsible for keeping up with the latest industry technology and providing top-notch customer service. This course includes 360 hours of instruction that will blend hands-on training, classroom instruction, and job shadow opportunities. Successful completion of this course will prepare you to take the industry-recognized certification exams that employers are looking for in their applicants. Hands-on training is provided under the supervision of master mechanics who work on today's top brands, including, Harley-Davidson, Triumph, and KTM.

Fee: \$3,999 Windy City Motorcycle Company Academy

# <u>10654</u> M-Th 1/13-3/20 8 a.m.-4 p.m.



#### Freight Broker Training

Become part of the exciting trucking, freight logistics, and transportation industries as a licensed freight broker or as a freight broker agent. Freight brokerage is a growing, service-based industry. As a freight agent or broker, you connect shippers and manufacturers with transportation companies and manage those shipments. Entrepreneur magazine has rated the freight brokerage business as one of the top home-based businesses to own, and a Wall Street Journal article cited freight brokering and logistics as the largest growing sector of the transportation industry. From licensing and operations to sales and marketing, you'll learn the basics of how to run a domestic freight brokerage or agency in the United States. Written by freight brokerage specialists, this online course will provide you with the knowledge and resources needed to break into the shipping industry, including transportation law, contracts, insurance, and running your own business.

Fee: \$1,895

# <u>10607</u> 1/1–3/31 100 Hours Online

#### **VETERINARY**

#### **Veterinary Assistant**

Veterinary assistants have been identified by the U.S. Department of Labor as one of the fastest growing professions! Vet assistants work with veterinarians in private practice, animal shelters, animal control facilities, pet stores, kennels and veterinary drug companies. Working with veterinarians and veterinarian technicians, they help to provide medical care to sick and injured animals. This course includes 150 hours of classroom instruction a 100 hour externship experience. Times of externship will vary based on availability and hours of the externship sites. Successful completion of the class requires successful completion of the externship. This program is NAVTA approved. Students who successfully complete the course can sit for the NAVTA AVA exam.

Fee: \$2,499 Tabitha Arenson

# <u>9681</u> MTTh 1/13–5/22 6–9 p.m. Main Campus

Fee: \$1,249 (High School Students Only) # 9682 MTTh 1/13–5/22 6–9 p.m. Main Campus





Scan QR code to learn more.

The PATH program, funded through an Illinois Community College Board grant, aims to expand opportunities for individuals in nursing and select healthcare pathways by helping them earn certificates and degrees that allow them to enter and/or advance their careers in the healthcare industry.

Students receive support, including compensation, to help cover basic costs while receiving the training.

Career Spark programs include EKG Technician, Medical Assistant, Pharmacy Technician, and Phlebotomy Technician.





Welcome to MCC's new education hub in Woodstock—home to several specialized centers of learning where your educational goals are welcomed, supported, and achieved. These dynamic learning opportunities—many of which were formerly located at the Shah Center in McHenry—have also been renamed to better define how we can support your goals.

THE PAST		THE FUTURE
Career Training	<b></b>	Career Spark Center
Community Education		Community Enrichment Center
Workforce Training		Talent Impact Center

#### **Career Spark Center (formerly Career Training)**

Training and professional education programs designed to quickly launch or advance your career.

#### **Community Enrichment Center (formerly Community Education)**

Personal enrichment offerings and lifelong learning opportunities for adults of all ages, as well as camps and classes for kids and teens.

#### **Talent Impact Center (formerly Workforce Training)**

Training for a broad range of technical, employability, and managerial topics that fit your organization's particular needs.

The Catalyst Campus is also home to familiar programs including the Illinois Small Business Development Center (ISBDC) and University Center at MCC.

Catalyst Campus at McHenry County College is located at 222 East Church Street, Woodstock, IL 60098

# Curiosity has a new name:

LISI.

Meet LISI—that's short for the Liebman Institute for Science Innovation at McHenry County College.

LISI is the place for conversation and exploration of how things work. Through a series of groundbreaking programming, discussions, and partnerships, LISI provides relevant scientific information to help individuals make informed choices and decisions.

#### PROGRAMS OFFERED THROUGH LISI

The Science Behind It—Immersive Seminar Series Immerse yourself into some of today's most cuttingedge science topics. Participants will have the opportunity to hear from widely acclaimed experts in their fields, across a variety of topics.

#### LISI Lecture Series

LISI's seminal lecture series brings science to the forefront of our community and collective consciousness. Lectures will include a meet-andgreet with guest speakers and other refreshments.

#### **Hall of Human Origins**

The Hall of Human Origins offers critical insight into hominin evolution through the exploration of fossil evidence. This interactive exhibit is on permanent display in the Life Sciences wing of the Liebman Science Center (Building F).

#### **Planetarium Showcases**

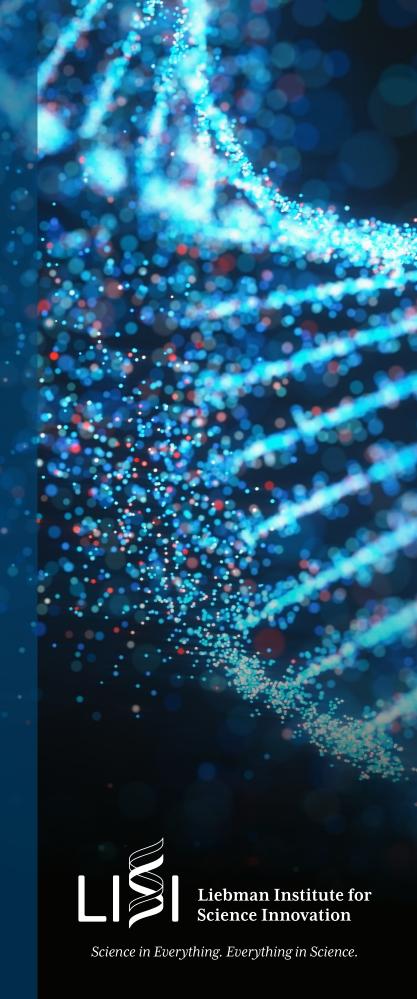
MCC's planetarium features a spectacular 8.3-meter dome with high-definition video and immersive surround sound. The planetarium is available for students of all ages, as well as the general public.

#### **LISI-Sponsored Programs**

LISI is a Science Olympiad sponsor and aims to make MCC the hub for Science Olympiad tournaments in the State of Illinois.



Learn more about LISI programming: www.mchenry.edu/lisi





Wednesday, March 19, 2025 5:30-7:30 p.m. | McHenry County College www.mchenry.edu/meetmcc

#### McHenry County College invites you to our biggest event of the year.

Join us the Wednesday before Spring Break to explore everything MCC has to offer!

- Meet all MCC academic areas and our faculty—from Accounting to Welding and everything in between!
- Explore the MCC campus.
- Learn about our new and expanded programs like HVAC, welding, robotics and automation, software development, and more.
- Meet the staff from the University Center at MCC where students can complete bachelors degrees locally: Live here, learn here.

#### For more info and updates visit www.mchenry.edu/meetmcc.

Free to attend. All ages and family members welcome. We're excited to meet you!



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Visit www.mchenry.edu/nondiscrimination for more information.



### MCC KIDS AND COLLEGE PROGRAM

#### Quality, affordable programming for students in grades 1-12

Kids and College Program offers a variety of year-round, hands-on career exploration classes in science, technology, culinary, writing, art, and manufacturing.



**Spring Break Program 2025** 

March 24–26, 2025 Register today! Limited space available.



**Summer Program 2025** 

June–August Registration opens in January



To explore classes and to register, visit www.mchenry.edu/kidsandcollege

**Explore Spring Break 2025 Classes**Page: 29