

# FIT FOR LIFE

## Age Group Results

October 02, 2011

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*Race held in Crystal Lake, IL. Results by Race Time, Inc.*

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### 5K

#### Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tracy Kilvinger	Lake In The Hills IL	1	31	3	24:04.8	7:46/M

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#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Yvett Hemander	Crystal Lake IL	41	20	4	24:18.0	7:50/M
2	Katie Mattoon	Bull Valley IL	8	23	26	37:47.5	12:11/M

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#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jessica Seguin	Oakwood Hills IL	24	33	18	31:33.1	10:11/M
2	Melanie Fires	Mchenry IL	7	38	21	33:06.3	10:41/M

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#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Dorothy Vainisi	Crystal Lake IL	15	48	27	38:44.2	12:30/M
2	Cindi Lavand	Lakewood IL	12	47	28	39:39.6	12:47/M
3	Susan Lydon	Crystal Lake IL	14	44	29	39:44.5	12:49/M
4	Cathi Bitz	Crystal Lake IL	13	46	33	41:33.6	13:24/M
5	Lynne Davidson	Crystal Lake IL	18	44	34	42:49.8	13:49/M

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#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
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1	Pam Wilson	Woodstock IL	38	57	32	41:03.1	13:15/M
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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Colleen Blankenhorn	Mchenry IL	40	60	31	40:37.8	13:06/M

[Top](#)**Overall Male Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sammy Rita	Cary IL	32	15	1	23:11.7	7:29/M

[Top](#)**Male No Age Given**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Billy Hutchins	Woodstock IL	35	0	15	29:29.0	9:31/M

[Top](#)**Boys 14 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Stelmachowski Jacob	Crystal Lake IL	19	13	17	31:10.1	10:03/M
2	Aaron Winters	Huntley IL	34	10	24	36:11.1	11:40/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Alex Arsente	Crystal Lake IL	39	19	2	23:27.9	7:34/M
2	Austin Sickel	Algonquin IL	29	16	7	25:07.6	8:06/M
3	Miguel Michael	Algonquin IL	27	18	12	27:27.8	8:51/M
4	David Crespo	Algonquin IL	26	17	14	28:57.8	9:20/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Fiedler	Mchenry IL	9	23	8	26:44.1	8:37/M
2	Tanner Funke	Algonquin IL	37	20	10	27:05.8	8:44/M
3	Kevin Wiseman	Lakemoor IL	23	22	16	29:42.2	9:35/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Brian Weseman	Huntley IL	33	38	23	36:05.4	11:38/M

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## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Nikhil Kumaranayagam	Woodstock IL	21	48	9	26:48.1	8:39/M
2	Jim Falardeau	Woodstock IL	28	46	11	27:21.2	8:49/M
3	Peter Arsenty	Crystal Lake IL	36	45	13	27:44.2	8:57/M

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## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Larry Wilk	Lakemoor IL	6	58	5	24:22.3	7:52/M
2	Oefelein Marc	Cary IL	25	55	6	24:53.8	8:02/M
3	Bill Jones	Woodstock IL	22	52	22	34:44.3	11:12/M

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## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Samuel Rita	Cary IL	31	62	19	31:43.3	10:14/M
2	Jerome Myers	Woodstock IL	20	69	25	36:27.8	11:45/M
3	Russell William	Woodstock IL	5	65	30	40:02.0	12:55/M

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## Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Fred Dahl	Mchenry IL	10	73	20	32:29.8	10:29/M

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