

Northern Illinois University
Bachelor of Science in Kinesiology
and
Bachelor of Science in Education - Physical Education
McHenry County College Transfer Guide
(2011/2012 Catalog)

Department of Kinesiology and Physical Education
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Transfer guides are produced as a service to MCC students. Every effort is made to maintain up-to-date and accurate information; however, this information is subject to change. Such changes take precedence over the information on this guide. Students should work with an MCC advisor and the four-year transfer school. Responsibility for complying with all applicable requirements ultimately rests with the student.

The Department of Kinesiology and Physical Education offers a BS in Kinesiology and a BS Ed. in physical education. The BS Ed. program in physical education is designed for students who plan to teach physical education at the elementary, intermediate, or secondary level. The BS program in Kinesiology is designed for students preparing for professional opportunities outside the area of certified teaching (athletic training and preventive and rehabilitative science)

Transfer Options – It is important for you to work with an academic advisor to choose the right option for your transfer program. In some cases, it may be in your best interest to transfer prior to earning an associate degree.

- ✓ **AA or AS Degree** - Transfer students who receive an AA or an AS degree from an Illinois public community college, have not previously attended NIU, are in good standing at the last college attended, and have a cumulative GPA of 2.00 or higher are guaranteed the following:
 - Minimum of 60 semester hours in transfer credit
 - Junior status
 - Lower division NIU General Education requirements satisfied (Additional course requirements may be needed for specific NIU majors.)
- ✓ **Illinois Articulation Initiative** - Transfer students who enter NIU as first time students with the IAI General Education Core Curriculum (IAI GECC) completed are considered to have completed NIU's general education requirements. Specific majors may require additional coursework.
- ✓ **For students who transfer prior to completing an AA or an AS degree or the IAI core:**
 - NIU credit can be transferred back to MCC for completion of the AA or the AS degree.
 - If only a portion of the IAI GECC is completed upon transfer, NIU will evaluate on a course by course basis to see how each course fits into NIU's General Education. The IAI GECC may not be completed at NIU.

Admission and Program Notes

- ✓ Students must be admitted to Northern Illinois University through the Office of Admissions.
- ✓ **Application deadlines:** Fall (August 1), Spring (December 1), Summer (May 15)
All required documents must be on file at NIU by the deadline dates. Early application recommended.
- ✓ **GPA Calculation** – Repeated courses for which a grade of C or better was earned in the first attempt will not be calculated into the admission GPA or be accepted for transfer credit. If D or F courses are repeated, the second attempt only will be utilized in calculating the GPA. Certain majors require special admission grading policies.
- ✓ **For students majoring in Physical Education**, the following requirements must be met prior to admission to KNPE343 (admission to KNPE343 constitutes admission to the program)
 - Pass the ICTS Basic Skills Test. Registration information (www.icts.nesinc.com).
 - Overall minimum GPA of 2.75
 - Grade of C or better in all courses. NIU will not accept grades of D in transfer.
 - Students must take KNPE225, Fundamental Sport Skills I, during the first 15 semester hours during the program. KNPE226, Fundamental Sport Skills II, and KNPE335, Developmental Skill-based Approach to Teaching, must be taken within the first 30 semester hours of the program. If you are transferring to NIU as a sophomore or a junior, you will be expected to complete these courses during your first year at the University.
 - Students must compile a teaching portfolio before seeking permission to student teach. Students are urged to take KNPE 200, Introduction to Teaching Physical Education, during the first semester at NIU in order to begin the portfolio.

- Due to the number of required major courses recommended to be completed during the sophomore year, it may be to the students benefit to transfer as of the sophomore year, in order to graduate in a timely manner.
- Strongly recommend completing BIO 263 & 264 at MCC before transferring to NIU (or BIO260)
- ✓ **For students majoring in Kinesiology with emphasis in preventive and rehabilitative exercise science**
 - Following must be completed with grades of C or better before enrolling in certain department required courses:

<u>NIU Course</u>	<u>MCC Course</u>
ENGL104	ENG152
mathematics core competency (not MATH201)	MAT120 + 161, 165, 170, 171, 175, or 220 + 161
 - No courses required for the major in or outside the department can be taken on a pass/fail basis.
 - **With careful planning, it is possible for students majoring in this emphasis to complete the AS/AA degree at MCC and then to complete the baccalaureate degree at NIU in a timely manner.**
 - Strongly recommend completing required science and math courses at MCC before transferring to NIU. Refer to list of courses under Additional Information.
- ✓ **For students majoring in Athletic Training** – Students who are interested in National Athletic Trainer’s Association Board of Certification must complete the athletic training major to sit for the exam.
 - Students must complete the following pre-admission course requirements with a grade of C or better and have an overall GPA of at least 2.50:

<u>NIU Course</u>	<u>MCC Equivalent</u>
CHEM110	CHM164
or	or
Mathematics core competency course	MAT120 + 161, 165, 170, 171, 175, or 220 + 161
and	and
ENGL103 or ENGL104	ENG151 or ENG152
PSYC102	PSY151
 - In addition to being admitted to the University, students must apply for admission to athletic training. Application is available online at www.cedu.niu.edu/knpe/programs/athletictraining/application/index.shtml. The application deadline is January 15. Early application is strongly recommended – may need to wait until after Fall grades are posted/must submit transcript with required grades documented at time of application.
 - Admission is competitive, and the number of students admitted depends on the resources available. For students who meet the pre-admission requirements listed, following are among required documents to submit:
 - athletic training application form, including one or more essays;
 - documentation with a NATABOC certified athletic trainer’s signature of observation or experience in an athletic training setting (National Athletic Trainers Association Board of Certification);
 - 2 recommendations from people who are familiar with and/or have supervised the applicant’s professional work-related or volunteer experiences; at least 1 recommendation must be from a certified athletic trainer
 - evidence of current first aid and CPR certification from a nationally recognized organization;
 - The Athletic Training Admissions Committee will review all completed applications and, based on the composite of all components of the application, will select students to be interviewed.
 - **To graduate with this BS degree in a timely manner, it is recommended that you complete the limited admissions application for athletic training by January 15 of your freshman year. The athletic training program is a 3 year program. To graduate in 4 years, students must begin the athletic training program sophomore year.**

Additional Information

- ✓ **For the Kinesiology programs** (preventive and rehabilitative and exercise science and athletic training), it is **recommended** that the following courses be completed before transfer, in addition to the pre-admission course requirements:

<u>NIU</u>	<u>MCC Equivalent</u>
BIOS104	BIO157
BIO311 or	No equivalent or
BIOS357	BIO260 or 263 and 264
CHEM110	CHM164
Math core	MAT120 + 161, 165, 170, 171, 175, or 220 + 161
KNPE217	HFE161 or 278
KNPE262	HFE151
PHHE206	HFE150 – Athletic training only
- ✓ **Maximum hours from a community college** - Up to 66 academic semester hours from a community college and 4 semester hours of physical education activity credits may be applied toward a degree at NIU.
- ✓ **Catalog Rule** - Students may choose the NIU catalog which was in effect when they became freshmen at their original school or any later NIU catalog, providing they were enrolled during the catalog year of their choice. The catalog year must not precede enrollment at NIU by more than three years. Students may elect to satisfy all graduation requirements from a single catalog or major and minor requirements from one and general education requirements from a second.

The following table shows course work for students who wish to complete the IAI core at MCC or who wish to complete individual courses that will transfer into NIU's general education core. ***It is always recommended that you work with an MCC advisor when selecting courses for transfer.***

NIU Basic Curriculum	IAI Core Credits	MCC Equivalent
Core Competencies (12 credits)		
ENGL103	3	_____ ENG 151
ENGL104	3	_____ ENG 152
COMS100	3	_____ SPE 151
Math Competency	3 (select 1 course)	_____ MAT120+161, 165, *170, *171, *175, or *220 + 161
* NIU's Kinesiology & Physical Education programs recommend an algebra/ trig course. MAT165 serves as a prerequisite to the courses marked with an asterisk. MAT165 satisfies an NIU Math competency requirement but not an IAI GECC requirement.		
Distributive Studies (minimum of 29 semester hours required with no more than 3 courses from any one department)		
Science & Mathematics (7-11 credits from at least 2 different departments)	8 (Select 1 life science and 1 physical science course.)	_____ Life Science: BIO 105, 110, 130, 137, 157, 158; GEG 220/221; HRT 103 _____ Physical Science: CHM 115, 164, 165; EAS 120, 170, 171, 180; GEG 101+102; GEL 101+103; PHY 280, 291 Note: Kinesiology programs - BIO157 and CHM164 are required Physical Education - BIO157 and CHM164 are recommended
Humanities & the Arts (9-12 credits with at least 1 from the Humanities and 1 from the Visual and Performing Arts) Visual and Performing Arts: (select 1 course from the following) ARTH282, 291, 292, 293; MUSC220; THEA203	9 (Must include at least one course taken in the humanities, at least one course taken in the visual and performing arts, and no more than 6 semester hours in any one department).	_____ Humanities: ENG 240, 251, 253, 254, 255, 256, 260, 261, 270, 271 or 272, 275, 276; Foreign Language: FRE 252 or GER 252 or SPA252; HUM 150; PHI 151, 155, 240, 251, 261, 262 _____ Visual and Performing Arts: (select 1 course from the following) ART 151, 171, 172 or 173; MUS 151; THE 151 _____ Humanities or Visual and Performing Arts
Social Science (6-9 credits from at least 2 different departments) *Note – History courses are in the NIU Humanities requirements. If you are completing individual NIU general education courses rather than IAI core, HIS170 & 172 satisfy Humanities requirements.	9 (from at least 2 different departments)	_____ ANT151, 155, 160, 170; ECO251, 252; GEG202, 203, 204; HIS131*, 132*, 165, 170*, 172*; PLT150, 151, 155, 251, 255; PSY151, 250, 251, 255, 260, 265; SOC101, 151, 251, 260 Note: Kinesiology majors and Physical Education majors– PSY151 is required *Note – History courses marked with an asterisk are in the NIU Humanities requirements. If you are completing individual NIU general education courses rather than IAI core, HIS131, 132, 170 & 172 satisfy Humanities requirements.
Interdisciplinary Studies (3 cr.)		Interdisciplinary Studies is not an IAI core requirement. If you complete the IAI core at MCC, this requirement is waived. _____ HFE150 (recommended); HIS141; GEG123; JRN152, 165; PSY250

Additional Course Work Students can take at MCC

Physical Education		Kinesiology – Athletic Training		Kinesiology - Preventive & Rehabilitative	
NIU Course	MCC Equivalent	NIU Course	MCC Equivalent	NIU Course	MCC Equivalent
BIOS357	BIO260 or 263 and 264	BIOS357	BIO260 or 263 and 264	BIOS357	BIO260 or 263 and 264
KNPE262	HFE151	PHHE206	HFE150	AHCD 318	AOM135
PHHE206	HFE150	KNPE217	HFE161 or 278	KNPE230	HFE202
		KNPE242	HFE176	PHHE 304	HFE251
		KNPE262	HFE151	COMS203 or ENGL250	SPE155 or ENG105
				KNPE217	HFE161 or 278
				KNPE242	HFE176
				KNPE262	HFE151

My MCC Education Plan

Term _____ _____ _____ _____	Term _____ _____ _____ _____	Term _____ _____ _____ _____
Term _____ _____ _____ _____	Term _____ _____ _____ _____	Term _____ _____ _____ _____