

## OCCUPATIONAL THERAPY ASSISTANT

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### **Program Overview**

The Occupational Therapy Assistant (OTA) program is designed to prepare individuals to function as entry-level certified occupational therapy assistants working in partnership with the occupational therapist. OTA graduates can find employment in a variety of healthcare and human service settings including hospitals, clinics, extended care facilities, schools and specialized community care and wellness programs.

The OTA program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, Suite 200, Bethesda, 20814-3449. ACOTE's telephone number is (301) 652-2682; the web address is [www.acoteonline.org](http://www.acoteonline.org). Graduates will be eligible to sit for the national certification examination for the occupational therapy assistant administered by the National Board for Certification in Occupational Therapy (NBCOT). A felony conviction may affect a graduate's ability to sit for the NBCOT certification examination or attain state licensure. After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). Successful certification permits the graduate to apply for licensure as required by the State of Illinois.

Admission to McHenry County College does not guarantee admission to the OTA program.

### **What Does An Occupational Therapy Assistant Do?**

Occupational therapy is a profession that is essential to the promotion of health and wellness. Occupational therapy assistants, under the supervision of the occupational therapist, plan and implement goal-directed therapeutic occupations uniquely designed to help patients and clients achieve optimal function in their daily life roles. In response to the effects of disabling disease or disorder, the OTA also may facilitate an individual's level of functional independence by modifying or re-designing any of the multiple environments in which patients and clients live and work.

### **What is the Program Like?**

The program highlights skilled instruction in the classroom enhanced by hands-on learning experiences in health and wellness settings. Emphasis is on development of real life problem-solving skills needed for the occupational therapy assistant to enhance meaningful active participation in the lives of people. Students' expertise is advanced through field observations and community involvement, fieldwork training experiences in a wide range of facilities and programs, participation in professional organizations and activities, and mentoring faculty. Students will work with experienced instructors, both COTAs and OTs who

work as a team and model the collaboration desired between practitioners.

### **Admission Requirements**

- A grade of C or higher is required for all general education and support courses: ENG 151, SPE 151, PSY 151, BIO 263 and BIO 264 (or equivalent). The biology course must have been completed within 5 years of admittance into the program.
- The cumulative GPA of at least 2.75 is required for general education and support courses.
- Preference is given to residents of McHenry County College District #528.

### **Admissions Process**

- Individuals must have a MCC student ID number to apply to the Occupational Therapy Assistant program. If an applicant has never attended MCC as a credit student, a MCC Admissions form and a \$15 application fee must be submitted online at [www.mchenry.edu/apply](http://www.mchenry.edu/apply) or at the Registration Office, Room A258.
- If any general education or support courses were taken at another institution, official transcripts from every college or university you attended must be submitted to the Admissions Office with a request for it to be reviewed for the Occupational Therapy Assistant Program. It is highly recommended that official transcripts and evaluation requests be submitted one month prior to the application deadline.
- A two page typed response to the following essay questions:
  - What has been your exposure to occupational therapy assistants and/or occupational therapists?
  - What factors influenced your decision to become an occupational therapy assistant at MCC?
  - Individuals must also complete of the OTA Supplemental Information Form, available in the Occupational Therapy Assistant Program Office (E212) or on MCC's website [www.mchenry.edu/ota/otasupplemental.pdf](http://www.mchenry.edu/ota/otasupplemental.pdf)
  - Group interviews begin August 1.

### **Criteria for Selection**

The number of students accepted into the Occupational Therapy Assistant Program is limited, therefore admission is competitive. The screening process is designed to select the most academically qualified students and takes into account GPA, completion of general education and support courses and experience or familiarity with occupational therapy.

### **Notification of Acceptance**

Students are notified by mail of their acceptance into the Occupational Therapy Assistant Program. They must complete and return an acceptance agreement within two weeks of receiving notification. Letters are sent to all applicants by October 15. If there are more qualified applicants than class space available, applicants will be placed on a waiting list for that year's admissions and will be placed as space becomes available. Individuals not accepted into the program may reapply the following year. The program does not retain applications after the spring semester starts.

### **Additional Requirements**

Once accepted into the OTA program, students are required to provide proof of the following medical and legal clearance: current physical exam, proof of current immunizations, two-step TB test, criminal background check, child abuse clearance and current American Heart Association BLS Healthcare Providers certification. Students are also required to have Health Insurance throughout their period of enrollment. The medical forms and details about the background checks are distributed with acceptance paperwork. The required documentation should be submitted to the Program Director in Room E212.

Access and knowledge of basic technology for projects, e-mail, accessing and turning in assignments is required. A blended course is required as part of the curriculum in the fourth semester of the program.

### **Clinical Education**

Students must participate in two levels of fieldwork while enrolled in the OTA program. Fieldwork level I takes place during each of the first three semesters while in the program. These are designed to allow students to observe, shadow and interview professionals within the field.

Fieldwork level II is hands-on experiences which allow the OTA students to gradually assume the roles and responsibilities of an entry-level OTA. Reliable personal transportation is required. Days and times of fieldwork may change from semester to semester. Fieldwork level II experiences are each nine weeks in length, and the student is required to be at the site for 40 hours per week. These experiences could start early in the morning, end later in the evening and/or could be scheduled on weekends. Students must complete Level I fieldwork (OTA 260 and OTA 265) within 18 months following completion of the didactic portion of the program.

### **Advanced Placement**

Requests for advanced placement or transferring occupational therapy assistant courses from another occupational therapy program are not being considered at this time.

For more information, visit: [www.mchenry.edu/ota](http://www.mchenry.edu/ota)

**The primary purpose of an Associate in Applied Science degree is to prepare students for employment. The AAS degree is not designed specifically for transfer; however, there are opportunities to apply some coursework or the whole degree to a bachelor's degree program. For more information, see an academic advisor and the Occupational Therapy Assistant department chair.**

## Requirements for the Associate in Applied Science (AAS) in Occupational Therapy Assistant

Curriculum: OCC 305	Credit Hours		
General Education Core			
Communications	6	(3) ENG 151 Composition I (3) SPE 151 Intro to Speech	
Humanities & Fine Arts 1 course required	3	<b>Humanities</b> <i>Select from the following prefixes or course numbers:</i> ENG (does not include: 105, 151, 152, 088-099) FRE GER (3) JRN 152 Intro to Mass Communication (3) JRN 155 Media News Writing (3) JRN 165 Intro to Broadcasting (3) JRN 170 Media Feature Writing PHI (4) SPA 151 Elementary Spanish I (4) SPA 152 Elementary Spanish II (4) SPA 251 Intermediate Spanish I (4) SPA 252 Intermediate Spanish II (3) SPE 155 Interpersonal Communication (3) SPE 161 Small Group Communication	<b>Humanities cont'd.</b> (3) SPE 251 Intercultural Communication (3) SPE 265 Fundamentals of Oral Interpretation  <b>Fine Arts</b> <i>Select from the following prefixes or course numbers:</i> ART (does not include: 166, 190, 290, 299) (3) AET 141 Interior Design I (3) AET 142 History of Interiors (3) AET 241 Interior Design II (3) DGM 168 Computer Art I (3) DGM 167 Graphic Design I (3) JRN 180 Intro to Film MUS (does not include: 100, 104, 111, 160, 161, 162, 201-218) THE
Mathematics or Physical Sciences or Life Sciences	4	(4) BIO 263 Anatomy & Physiology I	
Social and Behavioral Sciences	3	(3) PSY 151 Introduction to Psychology	
Support Core	8	(4) BIO 264 Anatomy & Physiology II (1) HCE 111 Evidence Based Practice	(3) PSY 250 Human Development Over the Lifespan
OTA Core	48	(2) OTA 110 Foundations of Occupational Therapy (3) OTA 120 Therapeutic Methods I (3) OTA 130 Occupations Across the Lifespan (3) OTA 140 Dynamics of Human Movement (3) OTA 150 Conditions Disrupting Participation (5) OTA 160 Psychosocial Rehabilitation Theory & Methods (3) OTA 170 Therapeutic Methods II	(5) OTA 210 Physical Theory & Rehab Methods (4) OTA 220 Therapeutic Methods III (3) OTA 230 Professional Analysis in Practice (2) OTA 240 Health Services Management (2) OTA 250 Professional Practice Seminar (5) OTA 260 Fieldwork Level IIA (5) OTA 265 Fieldwork Level IIB
Total Degree Credits	72		

### Other AAS Graduation Requirements:

- 2.0 minimum cumulative GPA at MCC upon completion of program
- 15 semester hours of program-specific coursework taken at MCC
- Completion of graduation application
- Completion of end-of-program assessment as directed by this department

**NOTE:** Students must complete Level II fieldwork (OTA 260 and OTA 265) within 18 months following completion of the didactic portion of the program.

Occupational Therapy and Occupational Therapy Assistant courses from other institutions will not be considered as course equivalency for OTA courses.

**For more information, contact the department chair: (815) 455-8710.**