



Snack Time

2011

Week of: 2/6/12 to 2/10/12

	Morning	Afternoon
Monday	1 Cheese & Cracker 3/4c whole milk	1/2c vanilla pudding 1/2banana
Tuesday	1 mini bagel 1oz strawberry cream cheese	4oz Lime Sherbert 1/2c goldfish crackers
Wednesday	1oz string cheese 1/2c pretzel sticks 1/2 c juice	1/2fresh pear (RR/BR) 1/2c sliced pears 1 slice whole wheat bread 1oz jelly
Thursday	1/2 English muffin 2 Pineapple Rings 2 1/2 oz pks apple butter	1- 4oz vanilla ice cream cup 6 vanilla wafers 1/2 c. juice
Friday	2oz Salsa 1c tortilla chips 1/2 c whole milk	1/4c-1/3c rice Krispies 1/2c. whole milk